4-H Outdoor Adventure Challenge Training Dates for 2015

Level 1
Orientation – May 1-3, 2015, – on the Manistee River near Kingsley
Trainees receive an overview of all that 4-H OAC offers; learn day hike preparation and how to complete an activity plan. Successful Level 1 trainees can take youth on day hikes only (no water activities). Also required is CPR & Standard First Aid certification.

Level 2 – Separate training is offered for each content area. Level 2 is NOT a pre-requisite to Level 3.
- Kayaking – August 7-9, 2015, at Little Bay DeNoc, Gladstone (U.P.)
- Flat-Water Canoeing – August 28-30, 2015, on the Manistee River near Kingsley
- Backpacking – September 25-27, 2015, Pictured Rocks in the U.P. This training includes an overnight solo experience to ensure competence before taking youth overnight in this content area.
- Winter Camping – February 12-14, 2016, Pigeon River State Forest near Vanderbilt

Level 3 – Separate training is offered for each content area. Level 2 is NOT a pre-requisite to Level 3.
- Rock Climbing – To be determined. This training includes an overnight solo experience to ensure competence before taking youth overnight in this content area.
- Swift-Water Canoeing – Offered as demanded by interest. Call for details.
- Caving – Spring, 2015 date to be determined. For updated information, visit http://4h.msue.msu.edu/4h/outdoor_adventure_challenge

Completion of level 3 training is a two-step process:
1) Training will be held in conjunction with an instructor's club outing so trainee can observe working with youth in this content area.
2) Training will be held in conjunction with an instructor's club outing. Trainees practice leading youth in this content area.

Additional Requirements for Levels 2 & 3
Before conducting Level 2 and 3 outings with their 4-H club, trainees must also meet the requirement of an approved trip plan – either one plan for a trip of 3 or more days or two weekend trip plans.

For overnight 4-H OAC trips (levels 2 & 3), there must be at least one 4-H OAC leader (the trainee or a different leader) who has completed a minimum of a 2-day wilderness first aid training (WFA or higher). CPR certification is also required.