REGISTRATION IS REQUIRED
You must be registered at least one week prior to the start of the class.
Child care is NOT provided.

“Parenting is a process of interactions designed to nourish, protect, and guide a new life through the course of its development.”

The Nurturing Parenting Programs® by Stephen J. Bavolek, Ph.D. are evidence-based and published by Family Development Resources, Inc.

For parents, grandparents, childcare providers and others who care for children

MSU is an affirmative-action, equal-opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.

Accommodations for persons with disabilities may be requested by contacting the Gogebic County MSUE office at 906-663-4045 at least one week prior to start date of class to make arrangements. Requests received later will be fulfilled when possible.
**For parents of children ages birth to 12**

Please do not bring children - Child care is not provided.

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**The Nurturing Parenting Program®**

by Stephen J. Bavolek, Ph.D.

Skills and strategies for parents include:

- The Philosophy and Practices of Nurturing Parenting
- Ages and Stages of Growth for Infants and Toddlers
- Ways to Enhance Positive Brain Development in Children
- Communicating with Respect
- Building Self-Worth in Children
- Understanding Feelings
- Understanding and Developing Family Morals, Values & Rules
- Praising Children and their Behavior
- Alternatives to Spanking
- Learning Positive Ways to Deal with Stress and Anger

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**REGISTRATION IS REQUIRED**

**Dates**

Four sessions:

- **Session 1:** March 30, April 6, 13, 20, 27 & May 4
- **Session 2:** June 1, 8, 15, 22, 29 & July 6
- **Session 3:** July 27, August 3, 10, 17, 24 & 31
- **Session 4:** September 21, 28, October 5, 19, 26 & November 2 (Note: In this session we will skip the week of October 12)

**Time** 1:00—3:00 pm

**Cost** $12 per person.

Scholarships are available from the Gogebic/Ontonagon Great Start Collaborative

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**Goebec County Nurturing Parenting Registration Form**

Send or fax to or call:

MSU Extension Office,
500 North Moore Street
Bessemer, MI

Phone: (906) 663-4045 ext 624
Fax: (906) 663-4058

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**Gogebic-Ontonagon Counties**

**MICHIGAN STATE UNIVERSITY Extension**

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Session Number: [ ] Scholarship requested: Yes [ ] No [ ]

Name(s):______________________________________________

Address:______________________________________________

_____________________________________________________

Phone:____________________

E-mail:______________________