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# **2016 State 4-H Awards Individual Application**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_\_\_\_\_\_ Zip: \_\_\_\_\_\_\_\_\_\_\_\_\_

Home Phone: (\_\_\_\_\_\_)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Gender: \_\_\_ Male \_\_\_ Female

Email address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

County (where you are enrolled): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Years in 4-H: \_\_\_\_\_\_\_\_

Grade in School: \_\_\_\_\_\_\_ Age (as of January 1, 2016): \_\_\_\_\_\_\_\_ Birth date: \_\_\_\_\_\_\_\_\_\_

Name of 4-H Club or Group (can list more than one): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**State 4-H Award Area**

Choose (**bold and underline**) **one** State 4-H Award Area from the list below. Note: If you have won a State Award in the past, you may not compete for that award within the same age division again. For more information and descriptions about each award area, see the State 4-H Recognition Areas Page in the Overview & Instructions for the MSU Extension State 4-H Awards Program document.

Beef Science

Biological Sciences

Birds and Poultry Science

Civic Engagement

Communications and Expressive Arts

Companion Animal Sciences

Consumer and Family Science

Dairy Cattle Science

Environmental and Earth Sciences

Equine Science

Goat Science

Healthy Lifestyles

Leadership and Personal Development

Plant Science

Rabbits and Cavy Science

Sheep Science

Swine Science

Technology and Engineering

Age Division: \_\_\_\_Junior (13 to 15 years of age) \_\_\_\_Senior (16 to 19 years of age)

I previously won a State Award in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(area)

What age division were you in when you received the award? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Autobiography**

Write an autobiography (in the third person) that summarizes your life and your 4-H involvement. The autobiography will be used during the State 4-H Awards Recognition Program. (Maximum 200 words).

### Approval of Application

A copy of your application will be emailed to your county’s 4-H program coordinator and your 4-H leader to verify accuracy. Enter their information below.

4-H Program Coordinator’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4-H Program Coordinator’s Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4-H Leader's Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4-H Leader’s Email: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Cover Letter** (Maximum 500 words)**:**

**4-H Story** (Describe how 4-H has helped you personally, your family or your career choice. Maximum 1,500 words)

**For the following questions, list only information that relates to the 4-H award area for which you wish to be recognized.** Limit your response to no more than 500 words for each question.

1. Choose four life skills from the diagram on page 5 (one each of Head, Heart, Hands and Health) and describe how you have developed each life skill through your 4-H project.

2. Describe how you have applied any life skill (from the diagram on page 5) in your 4-H project (16 to 19 only).

3. Describe how you have applied any life skill (from the diagram on page 5) in life outside of 4-H (16 to 19 only).

4. Identify up to four areas of content knowledge you have learned in your 4-H project and describe what you have learned and how you learned it.

5. Describe how you have applied knowledge you have learned (from one or more areas identified in question 4) to your 4-H project (16 to 19 only).

6. Describe how you have applied knowledge you have learned to life outside of 4-H (16 to 19 only).

**For the following questions, list information about your overall 4-H experiences. Information does not have to relate to the award area for which you wish to be recognized.** Limit your response to no more than 500 words for each question.

7. Identify up to three 4-H leadership experiences you have had and describe their significance to your personal growth and development.

8. Identify up to three 4-H citizenship/community-service experiences you have had and describe their significance to you and your community.



Figure 1. Hendricks, P.A. (1996).*Targeting Life Skills Model: Incorporating Developmentally Appropriate Learning Opportunities to Assess Impact of Life Skill Development*. Ames: Iowa State University Extension and Outreach.