MESSAGE FROM THE DISTRICT COORDINATOR

Michigan State University Extension continues to serve the residents of Alcona County through the educational process that applies knowledge to critical issues, needs and opportunities. In 2016 and 2017, MSU Extension Educators, Program Coordinators, Program Instructors and support staff have all played a role in delivering information to help our farmers, school children, teachers, caregivers, consumers, homeowners, business owners, visitors, workers, parents, government officials, home gardeners, entrepreneurs, those battling chronic disease and those seeking better health, improve their lives and the lives of those they serve, lead and follow. Over 50 educational programs, workshops, presentations and other initiatives combined with the many 4-H clubs, camps and events have been utilized to make this impact. Although each county office is different, and there may be more or less staff in one location over another, MSU Extension statewide staff are called upon to offer programming throughout the state to help meet the critical needs that are sometimes unique to each community. As you read through this annual report, you will see examples of many of the programs and participants from our communities. MSU Extension’s four institutes: Agricultural and Agricultural Business, Children and Youth, Health and Nutrition, and Greening Michigan all played a role in this year’s programming. Educators, Coordinators and Instructors from each Institute also contribute to the world wide web presence that offers non-bias information to anyone with access to a computer, tablet or smart phone and an internet connection. The articles, videos, worksheets and other materials are easily accessible and available at no charge. The content of these valuable resources are compiled by MSU Extension Educators that live, work and play in Alcona County. We are grateful for the opportunity to serve our residents of Alcona County, our stakeholders and our partners.

Mischelle Warner
District Coordinator, District 4

MEASURING IMPACT

SERVING ALCONA COUNTY RESIDENTS AND EQUIPPING ITS LEADERS

Agriculture and Agricultural Business Institute programming including: farm visits, TB evaluations and education, youth preparation, feed issues, product and risk management, dairy production, management and labor issues, cow-calf producers, field crops, horticulture and more

Children and Youth Institute programming including: science, technology, engineering, math, 4-H clubs, short-term special interest programs, animal science, forestry, horticulture, natural resources, leadership, career exploration, childcare and more

Greening Michigan Institute programming including: water quality, septic systems, forestry, natural resources, food systems, entrepreneurship, tourism, good governance and more

Health and Nutrition Institute programming including: disease prevention, diabetes, food safety, food service, general nutrition, physical activity, social and emotional health and more
Extension programs help children develop early literacy skills that support school readiness. They learn leadership and decision-making skills in 4-H that increase their likelihood of becoming civically active. 4-H participants also demonstrate reduced high-risk behaviors such as drug use, and learn to complete tasks, solve problems and seek any help they might need from peers and adults. 4-H involvement also helps youth avoid or reduce involvement with the court system. This helps ensure more young people succeed in school, attend college and contribute to their communities.

More successful young people in communities results in greater tax revenues and consumer spending and increases the likelihood that young people will stay in, or return to, their communities.

4-H Youth Club Programs:

4-H clubs and club programming is one of the most impactful experiences we offer in 4-H. Youth are paired with caring, knowledgeable adults who share a passion for the project area. These youth not only interact with adult volunteers, but with their peers- assuming mentoring and leadership roles within the group, based on experience and age. Often, people look at a club and think that the project they are taking on is the focal point, but the leaders know it’s actually the youth. A youth can fail in their project area (for example, a market animal doesn’t make weight) and still learn a lot about the project and themselves. Volunteer leaders teach life skills to youth, regardless of why they joined the club or what they are studying that week.

In the past year:
- 233 youth enrolled
- 20 clubs
- 39 recognized project areas
- 72 4-H youth competed at the County Fair
- 6 youth competed in MATE ROV regional tournament
- 9 youth competed in state and regional shooting sports events
- 171 youth participated in some form of community service
- 54 4-H youth participated in overnight events
- 850+ books given away to 0-18 year olds at 9 community events

When you support MSU Extension 4-H programs, youth participants learn life skills that prepare them for the workforce – especially for highly sought after jobs in science, technology, engineering and mathematics (STEM).
3D Archery – Applying Success Indoors to the Woods

In 2016, a handful of 4-H Archery Club regulars took part in two regional tournaments. Though none of the youth had ever shot competitively, they viewed it as a great opportunity to work outside the comfort of our indoor range with instruction and routine. They participated in both target and 3D at each event and did very well—both personally and in competition. Of the five youth, none had ever shot 3D before and each took at least one placing medal at each event.

Club leader Chad Kamischke with the help of Steve Kitzman, a Lost Lake Woods Club resident, set up a 5 week program for advanced club members and other advanced youth shooters at the LLWC range. The participants that shot the course extended their archery experience into summer and learned skills that will help them during competitive events and real-life hunting situations.

Eight youth went on to participate in the State 4-H Archery Tournament as well as a regional tournament in Lake City. Four youth medaled in the two tournaments—further building excitement for the club.

“Lost Lake Woods has been a great partner to us—they charged us very little to come in and shoot the course this summer and we appreciate that. This experience has made our kids more confident and better shooters, and they will see those results in competition and in the woods... building skills for a lifetime.” - Chad Kamischke
Local youth receive 4-H awards

The Project Awards are given to recognized mastery in project areas such as beef, sheep, shooting sports and robotics and the County Awards recognize youth throughout their entire career.

- This year’s nominations for project awards were robust—with over 120 pins being awarded to 60 plus youth.
- The swine project had the most recipients at 25.
- The Alumni honor was bestowed on Aaron Leeseberg, a former Alcona 4-Her.

The Junior 4-H member of the Year award (age 12—15) is given to a youth that exhibits qualities that show promise in an individual, both as a leader among peers and in the community:

- This year’s winner was Ben Thomas of Lincoln.

Like the Junior award, 4-Her of the Year is given to a member that represent the 4-H’s Head, Heart, Hands and Health and the applicants should be between the ages of 15-19 and have a variety of experiences in their career, such as project work, state and regional events, as well as service.

- Layla Carriiveau of Spruce was chosen as this year’s Alcona 4-H Member of the Year.
Alcona 4-H Soccer Engages Youth in Physical Activity

In 2015, the American Youth Soccer Organization (AYSO) Board voted unanimously to disband and transition its program to Alcona 4-H; an established, locally supported youth serving organization. Since that time, Alcona 4-H has served over 180 youth from 120 families in the Fall, Winter and Spring programs:

In addition to soccer skills taught by volunteer coaches, players (members) learn about key life skills like sportsmanship, team work and the importance of hydration and physical activity. Each coach must complete a concussion course offered by the Centers for Disease Control (CDC) and all players and parents must read and sign a concussion fact sheet. The increase in physical activity in youth due to this program is amazing- with almost 4,500 hours logged in by 121 youth over the three seasons.

<table>
<thead>
<tr>
<th>Soccer Program</th>
<th>Age group</th>
<th># youth participants</th>
<th>Average Activity time/week in minutes</th>
<th># Weeks</th>
<th>Total physical activity/week</th>
<th>Total physical activity/program</th>
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<tr>
<td>Futsal</td>
<td>12-19</td>
<td>42</td>
<td>180 minutes</td>
<td>12</td>
<td>7,560 minutes</td>
<td>90,720 minutes</td>
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<tr>
<td>Spring</td>
<td>13-19</td>
<td>39</td>
<td>390 minutes</td>
<td>7</td>
<td>15,210 minutes</td>
<td>106,470 minutes</td>
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<tr>
<td>Fall</td>
<td>5-14</td>
<td>103</td>
<td>120 minutes</td>
<td>8</td>
<td>12,360 minutes</td>
<td>98,880 minutes</td>
</tr>
</tbody>
</table>

An additional benefit to the program is that the players are all 4-H members and can therefore take advantage of other 4-H clubs and programs without paying an additional member fee. These youth can choose from as many as 20 other clubs and numerous activities to participate in- with many not costing any additional dollars.

KIDS can play for as little as $25 or $50 w/uniform kit!! Also, scholarships have been made available!!
Science Literacy is a growing area of Interest in Alcona County and across Michigan.

Alcona Residents took part in the following events which had components designed to support STEM (Science, Technology, Engineering and Mathematics) Literacy:

- **Safety Day** were adults and youth designed and built a helmet to protect an egg.
- **Family Engineering Night** Families designed and built a three stage Rube Goldberg machine and engaged in other activities supporting teamwork, collaborating and communication as well as STEM.
- **MSUE partnered with the Northeast Michigan Great Lakes Stewardship Initiative** to host a Regional opportunity in February for educators and community organizations to share their interests and experiences around place-based stewardship education. 57 Participants.
- **Youth from Alcona Elementary School** explored the fish in the Harrisville Harbor, collected and identified aquatic macro invertebrates, cleaned up the beaches and released the salmon fingerlings raised from eggs in their classroom. Link to Article from May 2017.
- **MSUE helped support the Alcona Middle School** exploration and stewardship efforts at Negwegon State Park. 15 youth learned about the history, local fish, and aquatic macroinvertebrates. Youth also removed invasive spotted knapweed in an effort to help ensure the survival of threatened Pitcher’s Thistle.
- **Science at the Fair** in 2016 families visiting the Alcona County fair spent time engineering with PVC. Youth and their families rose to the challenge; designing and building a completely closed 3 dimensional puzzle.
- **4-H Student Stewards** investigated Vernal Pools at Negwegon State Park collecting data for Michigan National Features Inventory researchers.

When you support MSU Extension, youth who participate in 4-H programs have a 70% greater likelihood to go to college than youth participating in other out-of-school programs. Young people who learn science, technology, engineering and math through a variety of projects are better prepared for the workforce of the future and will enable us to grow our communities.
Ensuring Safe and Secure Food

When you support MSU Extension’s efforts to enhance residents’ access to an adequate supply of safe, affordable food, program participants will focus on food safety measures in the field and at harvest, learn proper food preparation and food preservation techniques, and bring community partners together to strengthen access to healthy food supplies. This leads to a healthy population, which in turn helps keep health care costs in check and our communities viable.

Teaching Alcona Food Safety

The National Institutes of Health estimates that every year, 48 million people in the United States become ill and 3,000 die from pathogens in food. Causes range from outdated home food preservation practices to unsafe sanitizing practices at public events and small businesses. Since 2013, MSU Extension food safety and preservation programs have taught almost 10,500 Michigan residents safe food handling, food preservation and methods to reduce foodborne illness. Participants include youth, nonprofit organizations that prepare food for the public and food preservers who want to create safe products for their small businesses. Through face-to-face and online learning, Michigan communities receive high-quality, research-based education using U.S. Department of Agriculture guidelines for safe food preservation.

Michigan State University Extension Offers ServSafe, a national certification program for those working in food service, specifically managers and other leaders.

- The course teaches how to prevent foodborne illness and how to train employees about the latest food safety issues.
- Six Alcona residents participated in this 8 hour class held in Lincoln.
- They covered topic including: providing safe food, forms of contamination, the safe food handler, food safety management systems, safe facilities, pest management, and cleaning & sanitizing.
MSU Extension offers SNAP Education (SNAP-Ed) programs including:

Cooking Matters  Eat Healthy  Be Active
Healthy Harvest  Show Me Nutrition  Jump Into Foods

These programs teach Bridge Card eligible adults and children:

- How to make the most of their food dollars
- Developing skills such as menu planning
- Understanding recipes
- Food preparation and keeping food safe

In the last year MSU Extension SNAP-Ed programs were presented to 76 adults and youth in Alcona County!

⇒ 61 adults participated in a six-week series of nutrition lessons
⇒ 15 youth participated in a one-time lesson on healthy lifestyle choices.

Teaching valuable healthy-eating skills

MSU Extension is serving 624 children and families weekly in Northeast Michigan weekly through a partnership with Food Bank of Eastern Michigan. As part of the **backpack programs** of food distributed for the weekends, children and families receive recipes, resources and information to make a healthier choice an easier choice.

- Roscommon County- 2 schools- 120 children
- Ogemaw County- 1 school- 48 children
- Oscoda County- 2 schools- 120 children
- Iosco County- 2 schools- 96 children
- Crawford County- 1 school- 48 children

**Alcona County- 2 schools- 192 children**
Northeast Michigan Prescription for Health is a grant funded partnership with Alcona Health Center, Health Departments (various), Thunder Bay Health Center, and numerous local vendors to refer patients to a six week nutrition class where participants receive $10 vouchers weekly (a total of $60) to purchase fresh fruits and vegetables. Alcona County received $3,600.00 in local economic stimulation due to this program.

The Prescription for Health program is available in eight counties in NE Michigan. In 8 months of the program, 129 adults participated. Results from evaluations of nutrition and physical activity related behavior are presented below.

75% improved in one or more food resource management practice  
33% improved in eating two or more vegetables at their main meals  
80% improved in one or more nutrition practice  
39% improved in one or more food safety practice  
24% improved in strength and flexibility

Voucher redemption rates have been very high over 85% which further demonstrating participants are following through and putting knowledge into action!

“I now have a permanent goal of cooking meals instead of preparing pre-packaged food”

“I enjoyed the tasting of the fruits that I had never heard of and would have never tried on my own.”

“I wish it (the class) was longer than six weeks.”
Ensuring Strong Communities

Leadership and Community Engagement
Through its public policy education and community leadership workshops, MSU Extension informs residents about public policy issues and processes, offers leadership skill development classes and strengthens community capacity to solve complex problems.

Civic Engagement
Engaged citizens do more than vote, they act within and outside political systems to improve communities.
Through its Public Policy and Civic Engagement trainings, MSU Extension informs residents about public policy issues and processes as well as advancing citizen engagement to strengthen community capacity to solve complex problems. Examples of workshops and programs that have been available to Alcona County residents include:

- Citizen Planner
- Real Colors and Meyers Briggs Personality Assessments
- Leadership through Effective Meeting
- Parliamentary Procedures
- Facilitated Strategic Planning

For more information: [http://msue.anr.msu.edu/topic/info/civic-engagement](http://msue.anr.msu.edu/topic/info/civic-engagement)

Facilitation
A facilitator is someone who helps a group of people understand their common objectives and assists the group in planning and achieving their objectives without taking a particular position in the discussion.
MSU Extension offers two highly acclaimed facilitation workshops that are designed to train leaders from communities and organizations and are available to Alcona County citizens:

- Facilitative Leadership
- Advanced Facilitative Leadership

MSU Extension also offers facilitation and strategic planning.

When you support MSU Extension, participants learn how to implement best practices in good governance that keeps communities solvent, productive and engaged.

Bonnie Wichtner-Zoia
Leadership, Community Engagement and Tourism Educator
MSU Extension Ombudsman
Conflict Resolution and Leadership Development

To engage productively in community and economic development opportunities it is essential to openly address and resolve disagreement in a constructive manner. MSU Extension offers experiential and research-based educational opportunities that help people build the skills they need to manage a range of conflict situations—from one-on-one interactions to large public meetings. Participants will:

- Achieve a deeper understanding of the continuum of conflict management options and approaches.
- Gain conflict resolution skills designed to preserve relationships, create a safe environment for continued dialogue and develop a shared decision.
- Learn approaches to active listening and how to choose strategies aimed at finding a mutual purpose.
- Discern how to recognize interests behind strongly held positions.
- Become aware of when to apologize and when to use a contrasting statement.

Understanding Tourism in Michigan Communities (UTMC)

- This 3 hour workshop is directed at communities and individuals seeking to better understand tourism opportunities and how niche markets can help transform, grow and sustain assets in their communities.
- Attendees explore their own assets and identify possibilities to leverage tourism opportunities.
- Through a partnership with the Michigan Tourism Strategic Plan Fund, ten Understanding Tourism in Michigan Communities workshops will be presented across the state in 2017 & 2018.

First Impressions

- The purpose of the First Impressions Program is to help a destination learn about their existing strengths and weaknesses as seen through the eyes of the first time visitor.
- Participating communities receive a written summary, public presentation and tourism-related recommendations.
- The MSUE Tourism Team is currently accepting applications for 2018 at [http://msue.anr.msu.edu/program/info/tourism_first_impressions](http://msue.anr.msu.edu/program/info/tourism_first_impressions).

Articles and information about a variety of tourism-related subjects can be found on the Michigan State University Extension Tourism website at: [http://msue.anr.msu.edu/topic/programs/tourism](http://msue.anr.msu.edu/topic/programs/tourism).
Your support of MSU Extension means that farm families are helped in their efforts to make their passion of providing high quality food products a successful business as well. Together we work to improve cattle health and well-being. Access to research-based information is critical when business decisions depend on it, and Michigan State University is a leader in discovering knowledge and applying it on farms for the benefit of the farm families and their communities.

**Coping with farm stress**

This has been a difficult year for many dairy farmers because of low prices for milk. In addition, beef cow-calf producers have also been facing low prices for their product. Though there is very little anyone can do about the prices received, there are things that can be done in the business and at home.

- Wrote a letter to dairy families encouraging them to contact Extension for help.
- Met with farmers to help them consider management changes and alternatives.
- Met with two groups of ag professionals to discuss the impact of stress on farmers.
- Invited dairy farmers to come together to discuss stress and ways to cope with it and had them share experiences of reducing costs.
- Spoke to beef producers in several meetings to talk about ways to improve the returns from their business.
- Worked individually with farmers to identify opportunities for improving finances.

**Bovine Tuberculosis is still around**

While farmers, land managers and government officials have done much during the past 20 years to control TB in cattle herds, the reality is that there are still newly infected herds each year. Prevention is the key.

- Working as a member of one of two teams of specialists visiting beef and dairy farms in the core TB area of Michigan to help farmers identify risks to their herd from potentially infected deer, we have done “Enhanced Wildlife Risk Assessments” on 17 farms.
- Develop reports with the team that provide ideas specific to the farm and to the management goals of the farmer.
- Have also been a member of the team that has investigated 4 new herd TB infections.
- Work with Michigan Department of Agriculture and Rural Development to develop policies that are practical and yet effective.
Learning to control an insidious virus
Bovine leukemia virus (BLV) is often underestimated in both its prevalence and its impact on dairy and beef herds. Much of the research into both has been done at Michigan State University.
- Leading two Extension projects on BLV in dairy herds involving 80 herds across the state and the testing of approximately 3200 cows.
- Met with the dairy farmers and their veterinarians on 36 farms to discuss the disease and its transmission.
- Followed-up with herd owners after test results were received.
- Communicated BLV management information through articles.

Individual work with farmers
Farmers have individual needs and situations. While meetings are good for teaching topics, all topics can’t be covered and they cannot be specific to each farm. Making changes in the business depends on trust between the Educator and the farmer. This Extension Educator has met with farmers at their farm or in their home 220 times throughout the year to discuss a variety of topics, including:
- Current problems and challenges
- Evaluation of the operation
- Alternatives and opportunities
- Plans for greater success
Michigan Sea Grant Extension promotes research, education, and outreach to enhance responsible and sustainable use of our diverse Great Lakes resources. Through MSU Extension, Michigan Sea Grant works with Michigan citizens, industries, and coastal communities to encourage their use, benefits, and enjoyment of Great Lakes resources that positively influences our state’s economy, environment and quality of life. Here we highlight our investments with Great Lakes fisheries stakeholders and engaging youth in Great Lakes stewardship opportunities.

Alcona students make a splash releasing salmon and exploring nature

Students at Alcona Elementary School recently completed a yearlong project as part of their partnership with the Northeast Michigan Great Lakes Stewardship Initiative. The program concluded with a trip to the Harrisville Harbor May 2-4, 2016, to release their classroom-reared salmon and explore local resources. Alcona Elementary STEM (Science, Technology, Engineering and Mathematics) teacher Gail Gombos coordinated the program, which included second-through sixth-grade students exploring the Harrisville Harbor and a neighboring Michigan Department of Natural Resources (DNR) public access site. Alcona’s Great Lakes exploration days were facilitated by Michigan State University Extension Sea Grant educator Brandon Schroeder, MSU Extension educator Tracy D’Augustino, Northeast Michigan Great Lakes Stewardship Initiative Network coordinator Meaghan Gass and three Huron Pines AmeriCorps members serving with the USDA Forest Service and the Northeast Michigan Great Lakes Stewardship Initiative.

Youth engaged in four hands-on explorations throughout the day: macroinvertebrate identification, fisheries exploration, water chemical analysis and a nature hike. During the macroinvertebrates session, youth learned how to use a D-Net and field scope with a well slide to find and identify various aquatic macroinvertebrates including scud, aquatic sowbugs and mayfly nymphs. Youth conducted water chemistry tests checking for ammonia, nitrate, dissolved oxygen and pH levels and talked about the importance of each, how it gets in the water and whether it is important for a healthy fresh water ecosystem.
During their nature hike, youth found numerous animal and insect homes, evidence of animals and identified plants as they explored and learned about the ecosystem surrounding the Harrisville Harbor. In the fisheries session, they looked at the fish diversity in the harbor and were able to identify numerous species. Youth learned about unique adaptations and common characteristics of Great Lakes fish. For example, did you know freshwater fish have to pee almost all the time?

On May 4, sixth-grade students had additional sessions. These included a salmon habitat audit and conducting length and weight measurements of each salmon fry followed by the release of more than 150 classroom hatched and reared salmon fry. The sixth graders also talked about place-based education coupled with a conversation about youth engagement and potential projects on the grounds of the Harbor and DNR public access. This discussion was joined by two Harrisville Harbor commissioners, Mike Crick and Janet Mansfield, and DNR officer Eric Ostrander. During the conversation, community members talked with youth and explored long-term plans to positively impact both sites. They discussed the numerous opportunities including the addition of rain gardens to catch road grime from the parking lots and interpretive information for the birding trail.

Alcona students and their STEM teacher are considering adopting the larger Harrisville Harbor area. They potentially would begin building a relationship with the DNR and Harbor Commission to empower youth to positively impact their community and meeting identified needs while addressing Michigan’s educational standards. This is a relationship similar to the one the Alcona Middle School has with the DNR and Negwegon State Park. Each year, youth take a trip to Negwegon to learn about it and improve it in collaboration with the DNR.
Supporting Community and Home Gardening

MSUE Master Gardener Volunteers Improve Communities Every Year

- MSU Extension supports a small and growing group of Master Gardeners in Alcona County who volunteer hours to support community-based garden projects. Projects educate residents on how to grow plants that beautify communities, improve local environments, and provide nutritional local food.
- A long-awaited Master Gardening Course is currently taking place in Ogemaw County, August-November, 2017, which will produce additional volunteers in surrounding counties, including Alcona County. Initial plans are underway to offer the same course in Alpena in 2018, which could also add new volunteers to Alcona County.

The Best Resource for Home Gardening Assistance

- MSU Extension is the leading expert on Home Gardening Questions. The public can get questions answered through the MSU Extension Gardening Hotline, as well as a 24-hour “Ask an Expert” on-line resource.
- A nearby MSU Extension educator in Tawas City also services Alcona County residents who prefer a more direct resource for their home gardening questions. Support staff at the Alcona office can direct questions, photos and phone calls to Dr. Sarah Rautio in Tawas City. In 2017, Dr. Rautio had numerous phone and in-person consultations with many Alcona residents, assisting them with insect and plant issues. As one resident remarked “MSU Extension is the best kept secret in town!” after this resident received some personal help with some tree issues.
- MSU Extension offices also have soil testing kits, and can help residents send plant and insect samples for definitive disease diagnoses at MSU labs.

Sarah Rautio, PhD
Consumer Horticulture Educator

Gardening in Michigan

Michigan is a great place to grow fruit, vegetables, flowers and landscape plants. MSU Extension offers many resources including the popular Master Gardener Volunteer Program.

Gardening questions?
Call us at 888-678-3464.
# Extension Educators Serving Alcona County

**989.724.6478**

## Staff Located in Alcona County Office:

<table>
<thead>
<tr>
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<th>Role</th>
<th>Email</th>
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</thead>
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</tbody>
</table>

## Additional MSU Extension Staff Serving Alcona County:

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<th>Role</th>
<th>Email</th>
</tr>
</thead>
<tbody>
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<td>Mischelle Warner</td>
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District 4 Extension Council

Each district of MSU Extension has an advisory council to assist the District Coordinator in a variety of ways. The Council’s composition is a balance among various sectors that Extension educational programming serves. Members are nominated and selected due to their experiences with Extension and proved leadership. They network with others who share similar interests and concerns, help shape Extension programming efforts important to citizens in the district, gather support for establishing or extending educational effectors around issues of concern in the district, and participate in leadership and issue focused educational events.

Members of the District 4 Council in 2017 include:

- Bobbe Burke (Arenac)
- Sharon Czaika (Iosco)
- Roy Elie (Ogemaw)
- Elizabeth Grabow (Ogemaw)
- Paul Grabstanowicz (Alcona)
- Ken Melvin (Roscommon)
- Marc Milburn (Roscommon)
- Bruce Reetz (Ogemaw)
- Erik Rodriguez (Arenac)
- Therese Kaiser (Crawford)
- Judy Umlor (Crawford)
- Ericka Earl (Iosco)
- Julie Lavender (Roscommon)

MISSION:
Michigan State University Extension helps people improve their lives through an educational process that applies knowledge to critical issues, needs and opportunities.

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