Exploration Days is a three day campus-based pre-college program that is designed to help youth build the skills they need to successfully transition to college and to life as an adult. Youth participants stay on campus in MSU residence halls and attend action-filled classroom and field trip sessions on a wide variety of topics, including animal science, business & entrepreneurship, international language & culture, performing & visual arts, and science, engineering, & technology.

Nearly 2,000 youth attended Exploration Days in 2017. Post-event evaluations revealed that participating youth gained important life skills like decision making, problem solving, and communication. Youth also reported feeling more prepared to attend college.

90% of youth feel more independent
91% of youth built time management skills
84% of youth feel more prepared for college
73% of youth are now interested in attending MSU

“4-H Exploration Days has helped me get the feel of a college life. Being responsible for... being on time to class gave me a huge idea on how college will be like in my future.”

“Coming in here, I was set on another college, but after seeing the gardens, trails, and all the buildings, I can see myself going here in the future. MSU STOLE MY HEART!”

“[Exploration Days] helped me get out of my comfort zone and be more independent.”

DID YOU KNOW?
Youth who participate in Michigan 4-H pre-college programs are more likely to go to college: 68% of youth who participated in Exploration Days between 2009 and 2016 enrolled in college within six months of finishing high school. That’s 14% higher than the Michigan average!