4-H NEWSLETTER
September 2014

Lapeer County MSU Extension
1800 Imlay City Rd., Ste. 1
Lapeer, MI 48446

Phone: (810) 667-0343
FAX: (810) 667-0355
Email: msue44@msu.edu
Web Page: http://www.msue.msu.edu/lapeer

4-H is a community of young people...across America...and the world who are learning leadership, citizenship, and life skills.

FROM THE DESK OF KATHY GEORGE...

We’re looking forward to a great new 4-H Year and hope you are, too! I’d like to thank all of the adult and teen volunteers who have given their time this past year to educate and inspire our 4-H youth. 4-H is Michigan’s largest youth organization and you are core of this program - without you, 4-H would not exist. 4-H’ers-please take a moment to thank a leader today 😊!

There is a lot of great information in this month’s newsletter! It’s going to be a long one, but I added some great information that comes from campus and want to make sure our families are fully informed of all of the GREAT opportunities they have outside of our normal club activities!

I am also going to be discontinuing this format of the newsletter after this month, as Michigan 4-H has created a unified newsletter to be used across the state with state-wide information already on it, along with areas for me to add our county details. I’m excited to start using it, so please let me know what you think when the October Newsletter arrives! If you have any questions or comments, please feel free to call the office.

(Also view events on our Calendar found on our website under the “Lapeer County 4-H” link on left.)

Camp Counselor Training  Fri, Sept. 12, 6:30-8pm

MSU Extension 100th Anniversary Celebration  Thurs., Oct. 2, 4-7pm

Fall Leader Updates  Wed., October 15, 7pm
Thurs., Oct. 16, 10am & 2pm

Year-end Paperwork-  Wed., Nov. 12, 10am-7pm

TSC Paper Clover Campaign  October 8-19th

National Youth Science Day  October 8

Annual 4-H Council Meeting
Election Night/Year Review  October 20, 7pm

R.E.L.A.X.: Alternatives to Anger  October 30, 6-9 pm

County Youth/Adult Nomination Forms Due  Monday, Nov. 3th

Club/Committee Enrollment Forms and Year End Paperwork Due  December 1st

Next Year:
Mock Interview Workshop  January 13th
Interview Night  January 27th
Spring Achievement, N. Branch  TBA
4-H Celebrity & Spring Auction  April 10-11th

Cute Club Craft Idea...

UPCOMING EVENTS/DEADLINES
LOCAL HAPPENINGS...

**MSU Extension’s 100th Anniversary Celebration – Thursday, October 2nd  4-7pm**

In honor of the 100th Anniversary of the signing of the Smith Lever Act, thereby creating Cooperative Extension, Lapeer County MSU Extension Office is having an Open House!

This free family event will be held in the MSU Extension Lapeer Office and will include:

- Kiddie Carnival
- Wool Spinning
- Fun With Food
- Garden Tips
- Crafts
- Cake and Ice Cream
- Door Prizes

So, come out and help us celebrate this milestone! For those of you who enjoy a history lesson, this is how Extension came to be...

On July 2, 1862, President Abraham Lincoln signed the **Morrill Act** into law, creating a national network of colleges and universities that were meant to serve the higher education needs of farmers and laborers across the nation.

Then 100 years ago May 8, 1914 President Woodrow Wilson signed legislation that extended the land-grant university concept beyond university campuses to reach into communities across the United States. That legislation created the Cooperative Extension System (CES) as a partnership between the federal, state and county governments. That legislation continues today as the key authorization legislation for the work of MSU Extension. **Posted on February 20, 2014 by Kurt H. Schindler, Michigan State University Extension**

History lesson is over…who wants cake?? 😊

**Monsanto’s “America Farmers Grow Communities” Donation Event is now open!**

Last year, the Lapeer County 4-H Swine Committee was the fortunate recipients of a $2,500 donation from this program, thanks to the generous nomination by Casey Hansen. Their new donation event is starting and if you would like to nominate a Lapeer County 4-H project area, here are the details from Monsanto:

America’s Farmers Grow Communities is back for the fifth year! Farmer enrollment for America’s Farmers Grow Communities is now open. This program offers farmers the chance to win $2,500 for their favorite local nonprofit organization. As a previous program winner, we wanted to reach out to personally encourage you to contact your local farmers to ask them to enroll for this opportunity again to win funding through Grow Communities. Farmers can go online to [www.GrowCommunities.com](http://www.GrowCommunities.com) or call the toll-free number 877-267-3332 to enter.

Is there an item your project area would like to work on and need funding for? SIGN UP!!
**Gleaner Life Insurance Society – HUGE SUPPORTER OF LAPEER 4-H**

I would like to thank Greater Lapeer Arbor #785 of Gleaner Life Insurance Society, for the wonderful donation of $1,000 in support of the Lapeer 4-H Outdoor Education Program. Their support of $1,000 is a great vote of confidence in our mission to provide positive youth development in our community. Greater Lapeer Arbor #785 of Gleaner Life Insurance Society will receive acknowledgement of this financial support at the event as well as in a full press release to county newspapers and radio stations.

Please go to their website and Facebook page and “like” them as well as offer thanks for being so supportive of Lapeer 4-H. Not only have they supported our Outdoor Education Program, but you may remember that they donated funds to the Lapeer 4-H Camp Counselors for a beautification project at Camp Lael this Spring, where our counselors were able to purchase life jackets and a huge fire pit ring for Camp Lael.

https://www.facebook.com/GreaterLapeerArbor785/timeline
https://www.gleanerlife.org/Home.aspx?aud=Member

---

**R.E.L.A.X.: Alternatives to Anger**

Lapeer 4-H Office (downstairs) Thursday, October 30th, 6-9pm

The Michigan State University Extension’s anger management training program RELAX: Alternatives to Anger is designed to actively engage adult learners in a group setting to increase knowledge and skills around anger management and give them constructive ways to deal with anger. Aspects of promoting social emotional health are woven throughout the training and include expressing emotions, navigating stress, resolving interpersonal conflict, taking another’s perspective, feeling capable and whole and building skills for forming and maintaining satisfying, healthy and supportive relationships.

**Four Lessons**

1. **What is anger?** Defining anger and Recognizing your anger signals.
2. **Calming down and de-stressing.** Learning how to RELAX when you are angry or stressed.
3. **Four principles of problem solving.** Learning to Empathize with and Listen to others, and Accepting that their anger is not about you.
4. **Forgiving and letting go of the past.** “X-ing” out the past. Staying in the present, and putting the concepts of R.E.L.A.X. into practice.

This class is for all adults; parents, childcare providers, and others who want to better manage anger and stress at home or at work. Registration for the 3 hour class is coming soon via email.

---

**CAMP**

First Teen/Parent Information night for anyone who might be interested or thinking about being a camp counselor for 2015 is set for Friday, September 12, 2014 at 6:30pm.

---

**PEP**

New-monthly meetings started Thursday, Sept. 4, 2014 in addition to our fall and spring riding sessions. For more information, contact Jean at the office. Fall session dates will be announced soon, watch for details. If interested in volunteering yourself and/or your horse again, please contact Jean.
Shooting Sports Instruction Certification Workshop
The 4-H Shooting Sports Program is a great program and offers many 4-H learning experiences to those 4-H’ers that would like to work with projects other than our beloved animals 😊. To be announced soon this Fall is the Lapeer County 4-H Outdoor Education Day. This 3 hour event will offer youth an introductory experience to Pheasant Hunting, Archery and Shooting Sports. More details to come soon...

We can also increase our Shooting Sports Program by increasing the number of 4-H certified shooting sports instructors. Are you interested in getting certified to teach youth archery or shooting sports? While normally this is taught on a weekend once per year at Kettunen Center, Tustin MI (3 hours away), our MSU 4-H Shooting Sports Educator, Nick Baumgart, has agreed to come to us and instruct over a weekend in our area on a weekend that is convenient for us. If we can sign up 10 adults to take this course (refundable by Lapeer 4-H Council) within the Thumb and surrounding counties, we can increase this project area and provide this learning experience to even more Lapeer County youth. Please call the office or email george92@msu.edu for more information or to sign up. You may also learn more about the 4-H Shooting Sports Program at http://4h.msue.msu.edu/programs/shooting_sports .

2015 Spring Auction
The 29th Annual Spring Auction will be on April 11, 2015. Last year we started a new “club basket” program at the auction which was a huge success. This year we will continue the same program. Start thinking of some themes for your baskets! All club/committee baskets will go into the LIVE auction portion. The TOP 3 selling club baskets will get 50% of the selling price back to their club. All remaining baskets will get 25% back. This is a great way to help support your 4-H as a whole and raise some funds for your club. We would like club members at the auction to present the baskets. The top selling baskets all had members there. All baskets will be required to have a short club biography and a list of its contents for value purposes. Please let me know if you have any questions. Tiffanie Osburn

The Auction Committee needs volunteers to help in a number of ways for this upcoming auction. If you are a 4-H’er, volunteer, parent or know someone who would like to help for a worthy cause, please consider volunteering for the auction! There are many ways to help that will work with anyone’s busy schedule.

New Clubs
Welcome new clubs to Lapeer County 4-H!

Attica Beef—Attica
Leaders: Marianne McNary - mcnaryr@yahoo.com, and Scott Wetherford   Project Area: Beef

Gingersnaps & Crackerjacks—North Branch
Tiffanie Osburn - tosburn75@gmail.com
Crafts, Foods, Woodworking, Forestry, Photography, Pocket Pets, Entomology, Scrapbooking, Horticulture and more...

Home Grown Helpers—Imlay City
Leader: Sarah Carpenter - sarahgraver@gmail.com
Horticulture, Clothing, Community Service, Global Education

The Lamborghini’s—Project Area: Sheep
Leader: Danyelle Howland - roberthowland1@yahoo.com
We are looking for 4-H youth interested in joining our Fly Fishing/Conservation Club – have you ever wanted to learn this style of fishing? If you are interested in finding out more about this club, call the 4-H Office at 810-667-0343 or email MSUE44@msu.edu. If you are a club leader and would like to promote your club in this newsletter or in the local newspapers, please let me know and I will write the press release.

**Youth and Adult Nomination Forms**
Youth, Adult and Club nomination forms are all available online on our website under “4-H Resources, Forms and Downloads”. Hard copies are available in our office and will also be provided at the Fall Leader Updates. All nominations are due the first Monday of November, November 3rd. Don’t miss out on acknowledging those that have given extra effort this year or on the club awards that are awarded $50 towards 4-H activities!

**New 4-H Council Members**
Congratulations to our three new 4-H Junior Council members – Ashley and Jennifer Gibbs and Elena Boxey!

**Leaders – Year End Paperwork and Leader Update**
New Leader Update dates as well as Year End Paperwork dates have been rescheduled to accommodate the transition of the Michigan 4-H Database System. We must not enroll anyone or accept any participation fees until after October 1st so that there is sufficient time to install and learn the new database system in which we keep track of all things 4-H! New dates are on 1st page of newsletter. We are also going to have a guest speaker at the October 15th Leader Update meeting, Betty Nash, MSU Educator. She will be talking for 30 minutes about Life Skills and how to incorporate that into your 4-H year. If you would like to learn more about 4-H Life Skills, visit: [http://msue.anr.msu.edu/news/building_and_practicing_life_skills_in_a_4_h_club_setting_thinking](http://msue.anr.msu.edu/news/building_and_practicing_life_skills_in_a_4_h_club_setting_thinking)

**TSC Paper Clover Campaign**
TSC Fall Paper Clover Campaign this year is October 8-19th. Please support the campaign by shopping at either Imlay City or Lapeer TSC during these days. If you would like to hold a bake sale or help bag items for cashiers, please call the 4-H Office at 810-667-0343 or TSC directly at:

TSC Lapeer (810) 664-1831  
TSC Imlay City (810) 721-1613

Both Imlay City and Lapeer TSC stores raised $708 and $794, respectively, during the Spring campaign held April 23 – May 4th. 65% of the funds raised, $976, will stay in county for local programming support. The Spring promotion raised over $750,000 that supports 4-H on the local, state, and national level. **Michigan ranked fourth in the nation raising a total of $45,671!**

**4-H State Goat Show and State Shoot - Lapeer 4-H Brings Home Big Wins**
Congratulations to the following Lapeer 4-H’ers on their State Show achievements...

**2014 Goat Show**
Allysun White - 1<sup>st</sup>  
Morgan Bates  
Wyley Hansen  
Jeni Mosier – 8<sup>th</sup>  
Brooklyn West – 3<sup>rd</sup>

Market Wether 60-65 lbs.  
Obstacle – Class 1 - Cloverbud  
Obstacle – Class 1 – Cloverbud  
Showmanship – Cloverbud  
Showmanship – Class 5  
Showmanship – Class 1 Age 9
State Goat Show cont’d...
Brendan Twyman – 3rd Showmanship – Class 6 Age 14
Allysun White – 4th Showmanship – Class 6 Age 14
Jayden West – 1st Showmanship – Class 11 Age 11
Alaela West – 8th Showmanship – Class 4 Age 12
Riley Bromley – 10th Showmanship – Class 8 Age 16-19

2014 State 4-H Goat Show are now available on the Michigan 4-H website at http://4h.msue.msu.edu/events/event/state_4_h_goat_show1.

2014 State Shooting Sports Tournament
Jarett Kreiner – 14th Target Archery-Beg Open
Deven Ritchie – 13th Target Archery – Jr. Open
Caleb Ritchie – 14th Target Archery – Jr. Open
Henry Horton – 3rd Air Rifle – Beg Sporter
Codylee Turrell – 6th Air Rifle – Sr. Sporter

Ethan Griffith – 19th BB Gun – Beg
Micaela Hyde – 3rd BB Gun – Sr.

4-H State Shoot Results - For complete results go to: http://4h.msue.msu.edu/uploads/files/4-H%20Shooting%20Sports/StateTournament/Individual_Tournament_Results.pdf

2014 4-H State Horse Show Results
There are just too many to list on this newsletter, so please click on this link for the full results towards the end of the page. Congratulations!
http://www.ans.msu.edu/youth_extension_programs/horse_youth_programs

FROM CAMPUS AND AROUND THE STATE...

New Recruitment Campaign
Michigan 4-H has commercials! A major recruitment effort is underway with a goal of recruiting 8,000 new Michigan 4-H volunteers! From MSU Extension...
In an effort to serve additional youth through its 4-H program, Michigan State University (MSU) Extension launched a statewide volunteer recruitment campaign. The campaign hopes to reach thousands of caring volunteers who will give their time to the state’s youth through Michigan 4-H.

“We hope the campaign will show adults all the ways they can volunteer with 4-H,” said Julie Chapin, director of MSU Extension children and youth programs.

Supported by a grant from the Michigan Community Service Commission, the campaign will include television commercials airing across the state. Other key components of the campaign include targeted Facebook and Twitter advertisements, messages on both state and county 4-H social media sites and more. The campaign will continue throughout 2014 with a goal of recruiting 8,000 new volunteers.

To view the 6 minute commercial, please go to: http://4h.msue.msu.edu/programs/volunteering

Michigan 4-H Workshop Schedule
The following is a listing of Michigan 4-H workshops. Please click to follow the link or go to http://4h.msue.msu.edu/events/4_h_volunteer_training_workshop_schedule:

**WORKSHOP LISTING**

**2014**

- Oct. 4 - Oct. 5: [Michigan 4-H Goat Science Teen and Adult Volunteer Workshop](#)
- Oct. 11 - Oct. 12: [MI 4-H Telling Your Story Workshop](#)
- Oct. 18 - Oct. 19: [4-H Visual Arts, Crafts, Sewing and Textiles Workshop](#)
- Oct. 25 - Oct. 26: [4-H Proud Equestrian Program Instructor Update](#)
- Nov. 1 - Nov. 2: [2014 Michigan 4-H Poultry Science Teen and Adult Workshop](#)
- Nov. 21 - Nov. 23: [2014 Teen & Adult 4-H Horse Leaders’ Conference](#)
- Nov. 21 - Nov. 23: [4-H Advisory Group Retreat](#)

**2015**

- Jan. 17 - Jan. 18: [Michigan 4-H Youth Leadership & Global Citizenship Spectacular](#)
- Jan. 31 - Feb. 1: [4-H Winterfest](#)
- Feb. 27 - Feb. 28: [4-H Veterinary Science Teen and Adult Leaders Workshop](#)
- Feb. 28 - Mar. 1: [4-H Beef, Sheep and Swine Teen and Adult Leaders Workshop](#)
- Mar. 27 - Mar. 29: [Michigan 4-H Dairy Conference](#)
- Apr. 24 - Apr. 26: [MI 4-H Shooting Sports Instructor Certification Workshop](#)
- Jul. 17 - Jul. 19: [4-H Mentoring Weekend](#)
- Aug. 15 - Aug. 16: [4-H Family Fun Weekend](#)

**Advisory Group Retreat**

Does your committee need a refresher? 4-H Advisory Group Retreat will be a great get-a-way for your committee! This 3-day retreat will provide volunteers serving on 4-H councils, boards, and committees with an opportunity to refocus and renew their energy and enthusiasm and build a productive team. Work with Extension experts and volunteers from other advisory groups to make the most out of your meetings and advisory groups. Join us at Kettunen Center November 21-23 for the small fee of $90 (includes 2 nights lodging and meals). Hint! Ask your local 4-H advisory group to cover your cost! Groups sending 4 paid registrations will get the 5th registration free! Attached to this email is the agenda for this event.

**Scholarship Opportunities**

Applications for both the MI 4-H Youth Development Scholarship and the MSU 4-H Scholarship are now available on our [4-H scholarships web page](#). Applications are due November 1st. This is a great opportunity for eligible 4-H members to earn financial support towards their post-secondary education. Please see the web page and applications for specific information. Here are some details about the $10,000 MSU 4-H Scholarship – Are you planning on attending MSU as a student?? Apply!

**MSU 4-H Scholarship** *(in last month’s newsletter, but it is worth repeating a great opportunity)*  
Award amount: $2,500 annually for four consecutive years of full-time study at MSU. Six scholarships are given annually. **Who can apply:** 4-H members who are high school seniors must apply to MSU and submit the MSU 4-H Scholarship Application by November 1 of their senior year. Applicants must meet the standard admissions requirements of the university and be accepted to MSU. **Application form:** [MSU 4-H Scholarship Application Form](#).
**4-H Night with the Michigan Warriors, Perani Arena – Friday, October 10**
Perani Arena event special admission pricing - 2 youth are free (ages 12 & under) with each paid regular adult ticket! Activities begin at 6pm and puck drops at 7pm. Group discounts are available as well. For more information, please contact Jen from Genesee County 4-H at 810-244-8533. 4-H clubs – wear your club shirts!

*From Julie Thelen, 4-H Livestock and Veterinary Science Educator...*

**Beef Cattle Sale Listing...**
Sent out to all 4-H’ers in the beef project area last week is the 2014 beef cattle sale listing created by the Michigan Cattlemen’s Association to use however is helpful in your county.

**Animal Science Anywhere Lessons...**
The complete set of 8 Animal Science Anywhere lessons available online: [http://4h.msue.msu.edu/resources/4_h_animal_science_anywhere](http://4h.msue.msu.edu/resources/4_h_animal_science_anywhere). It is our goal to continue to add to these throughout the fall.

**2015 Livestock and Veterinary Science Events...**
- 4-H Veterinary Science Teen and Adult Leaders Workshop, Tustin, MI – February 27-28, 2015
- 4-H Beef, Sheep and Swine Teen and Adult Leaders Workshop, Tustin, MI – February 28- March 1, 2015
- 4-H Animal and Veterinary Science Camp, East Lansing, MI – June 15-19, 2015 (will be an application process again in 2015)

**Monthly Ongoing Meetings**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st Wednesday</td>
<td>Fair Board – 7 pm – during winter months, moves to fairgrounds during the summer</td>
<td>Imlay City Hall, 7 pm – during winter months, moves to fairgrounds during the summer</td>
</tr>
<tr>
<td>2nd Monday</td>
<td>4-H Fair Committee Meeting-MSU Extension, 7:30 – 8:00 pm</td>
<td>MSU Extension, 7:30 – 8:00 pm</td>
</tr>
<tr>
<td>2nd Monday</td>
<td>Livestock Developmental Committee – MSU Extension, 8:00 – 9:30 pm</td>
<td>MSU Extension, 8:00 – 9:30 pm</td>
</tr>
<tr>
<td>TBA</td>
<td>Dog Leaders Developmental Committee – MSU Extension</td>
<td>MSU Extension, 8:00 – 9:30 pm</td>
</tr>
<tr>
<td>3rd Monday</td>
<td>4-H Council – MSU Extension, 7 pm</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>TBA</td>
<td>Sheep Leaders Developmental Committee</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>4th Wednesday</td>
<td>Horse Leaders Developmental Committee – MSU Extension, 7 pm</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>TBA</td>
<td>Rabbit Leaders Developmental Committee; call Tiffany Weiss 989-795-2730</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>TBA</td>
<td>Goat Leaders Developmental Committee</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>TBA</td>
<td>Swine Leaders Developmental Committee – will usually meet before Livestock Committee; exact dates TBD</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>Quarterly</td>
<td>Poultry Leaders Developmental Committee-MSU Extension, 7 pm</td>
<td>MSU Extension, 7 pm</td>
</tr>
<tr>
<td>TBA</td>
<td>Beef Leaders Developmental Committee</td>
<td>MSU Extension, 7 pm</td>
</tr>
</tbody>
</table>

County Developmental Committee meetings are usually cancelled in December and August and may be cancelled at other times...please call ahead to confirm. If Lapeer Community Schools are cancelled due to weather, any meeting held at the MSU Extension is cancelled.

**Lapeer County MSU Extension Staff**

- Kathy George, Program Coordinator, 4-H Youth Development
- Jean Kreiner, Program Aide, 4-H Youth Development
- Tiffanie Osburn, Fundraising Coordinator
- Brenda Patrick, Office Manager/4-H Secretary
- Tina House, Receptionist/F&CS and Ag Secretary
- Phil Kaatz, Extension Educator, Forages/Field Crops
- Chris Venema, Extension Educator, Food Safety, Financial Literacy & Housing
- Sarah Graver, Program Instructor, Health & Nutrition

MSU is an affirmative-action, equal opportunity employer. Michigan State University Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status, or veteran status.