Beef [ ] Swine [ ] Sheep [ ] Meat Goat [ ] Poultry/Waterfowl [ ] Rabbit [ ]

For Advanced (4\textsuperscript{th} Year and Up) Members

Name ________________________________________________________________

Address ____________________________________________________________

4-H Club ___________________________________________________________

Exhibitor Signature ________________________________________________

Leader Signature _________________________________________________

Parent Signature __________________________________________________

Why keep records?

Keeping records on your project can be interesting and fun—not dull or boring. Good records will:

- Help you learn about animals, their rate of growth, the feed they require, the cost of the care, and their habits.
- Help you plan future projects.
- Improve your management practices.
- Give you a record of your project activities.

Keep this record as a part of your Member's Personal 4-H Record (4-H 1192), which provides space for complete record of your 4-H projects and activities. This information is helpful if you ever apply for 4-H awards or a 4-H scholarship.

Remember—records are no better than what you put into them!
My Project Pictures

Please provide a recent picture of your project.

Date of Photo __________________________
PROJECT NARRATIVE:

Please respond to the following questions (additional pages may be added). Each question is worth 5 points for a possible score of 30.

1. List and describe two diseases that are common among your animal species.

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2. What is the standard of perfection of your breed or the ideal market description of your species?

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3. List two vitamins or minerals that are important to your animal and describe why.

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4. Describe three ways to administer medication to your animal.

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5. What is meant by a withholding period for medication you administer to your animals and why is it important?
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6. How did you select what you fed your animal? How much did you feed it each day? Why would the amount of daily feed change or remain the same over the growing period of the animal?
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(Add all monthly totals together)
ADDITIONAL RECORD BOOK PROJECT REQUIREMENTS
You may need to utilize books, online research, or other materials to complete your project.

Junior Member (age 9-13) – MUST CHOOSE 2 ITEMS FROM LIST BELOW
4-H Pledge worksheet
Crossword puzzle, specie-specific
Diagram parts of the animal
Diagram retail meat cuts and where they come from on the animal
Create a weight chart for your animal showing monthly weight gain for large livestock or weekly gain for small livestock.
Create a pedigree or lineage chart for your animal.
Create a chore chart of daily, weekly, and monthly chores necessary to care for your animal.
Create flock or herd record (beginning number, losses, illnesses, weights, etc.)
Draw a scale model picture of your animal housing.
Another project of your own creation which illustrates knowledge of your project.

Senior Member (age 14-19) – MUST CHOOSE 3 ITEMS FROM LIST BELOW
Summary of common diseases of the breed and prevention/remedies.
Summary of products and by-products which come from project animal.
Choose a 4-H Life Skill and write about how involvement in this project has helped you improve in this area.
Create a weight chart for your animal showing monthly weight gain for large livestock or weekly gain for small livestock.
Write an essay on feed and housing practices and how they have improved, changed, etc.
Interview someone who raise the project animal for a living and determine if it is a viable career choice for young people in agriculture. Provide a written summary in your record book.
Create a flock or herd record and analyze how different feeding, watering, shelter, etc. affect the animals. Make recommendations for a healthy project. (Can be based on what you have learned over the years in 4-H or from information gathered from various sources.)
Create a resource guide for younger 4hers, guiding them to information which will help them complete their record books in the future.
Develop a service project for 4-H and report on what you did and its impact on the community.
List judging criteria and define what the judge might be looking for. Illustrate how well your project animal may be judged based on what you’ve learned.
Research the pedigree of your market animal and analyze what characteristics have been passed on to your animal from other generations and why that makes it a good 4-H prospect.
Start a Barn Journal from day one of your project, to detail feed, water, bedding, behavior, training, and other factors in the health of your animal. Include the journal in your record book with an analysis of how the journal helped you make decisions about the care and preparation of your animal at the fair.
Another project of your own creation which illustrates knowledge of your project.
Knowledge and Skills I Gained

There are many things to learn in 4-H. Check each item below that you learned or improved in 4-H during the past year.

I learned or improved my ability to...

**HEAD (Independence)**
- try something new
- set goals for myself
- plan a project
- keep myself organized
- keep track of finances
- keep records of my work
- gain knowledge of my project
- get more information about something I am interested in
- use resources wisely
- participate in a business meeting
- run a business meeting
- make wise choices and decisions
- solve problems
- learn from my mistakes
- understand that it's ok to change my mind if I need to
- pay attention to instructions

**HANDS (Generosity)**
- work with others
- work within a group
- work within a committee
- work with adults
- get past differences to reach a goal
- help others succeed
- make something with my hands
- explore a career interest
- follow directions
- lead others
- find ways to make a positive contribution to society
- understand the importance of community service
- see that my efforts can make a difference
- take the initiative to start something on my own

**HEART (Belonging)**
- speak confidently in front of a group
- give a public presentation
- share my feelings or point of view
- make myself understood without bullying or being loud
- listen to other people
- respect someone else's feelings
- resolve differences of opinion
- appreciate my cultural heritage
- accept people who are different from me
- get along with other kids
- make others feel welcome
- stand up for others
- make new friends
- appreciate the importance of friendships in my life

**HEALTH (Mastery)**
- understand my strengths and weaknesses
- finish something I started
- be proud of my accomplishments
- accept change
- see that my character can effect a situation
- take responsibility for my own words and actions
- deal with winning and losing gracefully
- be careful and practice safety
- appreciate the importance of good health
- stay healthy
- feel good about myself

Other: ____________________________________________

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I pledge...

my head to clearer thinking,
my heart to greater loyalty,
my hands to larger service, and
my health to better living for
my club, my community,
my country, and my world.