4-H Food Preservation Record Book

Kent County Youth Fair

Name: _____

Age: _____

Club: _____

Food Preservation Record Book

Kent County Youth Fair Requirements:

✓ Youth must display sample foods and a completed record book.
✓ Photo of exhibitor or your preserved food must be on the cover.
✓ Canned foods must be in regulation pint or quart canning jars with the rings on.
✓ Dried foods must be displayed in clear plastic containers.

Part 1.

Name: _____

Club: _____

Age: _____Department_____Section_____Class_____

Part 2.

List the types of foods that you have preserved since last year's fair and the method used for each (canning, freezing, or drying). Will you eat your food as it comes out of the container or will you use it to prepare other foods such as spaghetti?

Part 3.

1) What food did you preserve?

2) What method of preservation did you use to preserve your food?

       ❏ Canning   ❏ Freezing   ❏ Drying

3) How did you prepare your fruit or vegetable for processing?

4) Describe how you processed your food.

5) How long did you process it?

6) What book or who taught you how to prepare and process your food?

7) What problems did you have?

8) Make a comparison chart:
How does your homemade preserved food compare to a similar purchased product?

Example: Spartan canned peaches	My homemade canned peaches
Cost - $1.39/15.25 oz.	Cost -$1.OO/pint
Taste-too sweet; no flavor	Taste – good; has flavor
Texture – very firm	Texture – medium firm

Photocopy this page and do one page for each different kind of food that you preserve.
Example: 1st year should preserve 2 kinds of foods.

Part 4.
What did you learn in this project this year?

Part 5.
This portion is to be completed by the Judge only.

General Appearance_____3_____2_____1_____O

Color/Texture_____3_____2_____1_____O

Completed Notebook _____3_____2_____1_____O

Interview_____3_____2_____1_____O

Evidence of a learning experience_____3_____2_____1_____O

Total Score_____

Please circle one number from each area and total

3 = Excellent   A = 13-15
2 – Good   B = 9-12
1 – Fair   C = 6-8

General Comments:
_____
_____
_____
_____
_____

Judge's Signature: _____Date:_____