NAME_________________________ 4H AGE _____ ID# ______

ADDRESS ____________________________

CITY ___________________________ ZIP ______________

PH# _______________ CLUB NAME ____________________

LEADERS NAME(S) _____________________

SCHOOL ___________________________ GRADE _________

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Introduction:

Level one in the Horsemaster Program is the beginning of the 4-Her’s contact and association with horses. It is also the beginning of their experiences in the Allegan County Horse & Pony Project program.

In this section each 4-Her will learn what it means to be in the 4-H Program, to come together and form their clubs. They will work and play together, run their clubs and achieve personal goals together as a group.

GOALS & ACHIEVEMENTS

Upon completion of Level One, each 4-H Member will be able to:

1. Pass the written test on the Horse Sense (theory) & Unmounted sections with a minimum passing score of 85%
2. Know how to safely approach and secure a horse.
3. Know how to correctly lead a horse in a halter and in a bridle.
4. Know how to demonstrate the basic grooming steps, explaining safety in grooming and the equipment and its uses.
5. Know how to saddle and bridle their horse or pony correctly. Adult assistance may be asked for, keeping in mind the size of rider and the size of the animal used.
6. Know how to perform a safety check before mounting.
7. Know how to mount and dismount safely using reasonable correct form. Assistance may be asked for if needed.
8. Know how to demonstrate the basic seat/posture mounted at a halt, pick up and hold the reins correctly.
9. Know how to ride the walk and trot demonstrating the basic aids and safe control of their mount.
10. Know 6 parts of the saddle and 4 bridle.
11. Know how to perform and complete the riding evaluation with minimum passing score of 5 for each skill evaluated and an overall, minimum score of 70%.

HORSE SENSE (THEORY) AND UNMOUNTED INSTRUCTION

1. Complete Feed Chart and Maintenance Record (Form enclosed)
2. Complete Project Animal Activity Participation Log (Form enclosed).
3. Complete Personal Story (Form enclosed)
4. Basic safety rules listed are the minimum rules to be covered at this level: (Horse and Horsemanship Manual, page 42).
   - Praise often, punish only when needed. Firm, gentle treatment will gain a horse’s respect. Harsh or cruel treatment will cause your horse to fear you.
   - Horses are frightened by loud noises and sudden movement and may react in an unexpected way (spook).
   - Safety zones – (Horse Science Manual, page 3)
   - Never hand feed a horse. A horse cannot see the food entering its mouth. Fingers may be mistaken for treats and bitten.
   - Crowding a horse may cause it to kick or bite. Don’t tailgate, keep at least one horse length between your horse and the horse in front of you.
   - Check your tack for proper fit before mounting. Improperly fitted equipment may cause accident and/or injury to the horse or rider.
   - Always use a halter and lead rope to tie your horse. Reins may be broken or the horse’s mouth injured if tied by the reins.
   - Never wrap or tie a lead rope or reins around yourself. Being tied may result in you being dragged by your horse.
   - Dismount to adjust clothing or equipment.
   - Treat equipment with care and always put it away properly.
   - Be smart – dress the part. When riding wear long pants, shoes with a heel or boots, and proper head gear as required. (Some types of riding require helmets)
   - Listen and learn: Always listen for commands from your leader or instructor and act promptly. Keep alert at all times when around horses.

5. Horse Psychology, introduction to how a horse thinks: (Horse Science Manual, page 2). Horse sense is the basis of horsemanship. This is the ability of a person to understand horses and even think like a horse. The better you understand horses, the more you will enjoy them, and the better rider you will be.

6. Horse Talk – horse terms every horse person should know: (Horses & Horsemanship Manual page 45). Minimum terms for this section:
   - Foal
   - Weanling
   - Yearling
   - Colt
   - Filly
   - Gelding
   - Mare
   - Stallion

7. The correct way to approach a horse that is unaware of your presence. (Horse & Horsemanship Manual, page 42)
8. With a halter on, approach and catch a horse in a stall, a field or a paddock. Demonstrate how to correctly secure a horse with a safety/quick release knot.
9. Leading, in a halter and in a bridle (Horse & Horsemanship Manual, page 42). Safety, danger zones, correct side, horse’s vision, etc.
10. Basic grooming: safety in working around your horse, equipment and its uses. (Horse & Horsemanship Manual, page 27). **Show grooming not required at this level.
11. Know what to feed your horse or pony.
   - Wellness
   - Vaccinations
   - Worming/pest control
   - Teeth and their care.

MOUNTED SKILLS
LEVEL ONE
(Choice of seat optional)

1. Approaching, Catching and Leading.
   - Demonstrating how to secure your horse.
   - Reinforce basic safety rules in this area.
   - Demonstrate leading in a halter and in a bridle.
2. Grooming
   - Demonstrate grooming a horse in preparation to tack up.
   - Basic safety rules in working around horses.
3. Saddling Western or English
4. Bridling Western or English
5. Perform a safety check before mounting.
   - Off side girth/cinch, saddle pad, stirrup length.
   - Off side bridle adjustment.
   - Near side bridle adjustment.
   - Near side girth/cinch, saddle pad, stirrup length.
6. Mounting
7. Dismounting
8. Basic seat and hand position.
9. Basic aids in control
   - Check and release
   - Stop, start and steer.
   - Safe spacing between horses
   - How to handle a run away horse-Don’t panic. Sit deep, shorten your reins and remember to steer, use a pulley rein in short jerks and alternate hands from left to right-if able, to ride in a circle or up a hill to tire the horse.
10. Beginning the trot.
   • Preparation to trot.
   • Aids to trot.
   • Safe spacing between horses in a trot.
11. Riding the trot.
   • Sitting
   • Posting
   • Balancing two point.
12. Turn on the haunches
13. Backing four steps.

OPTIONAL ACTIVITIES

14. Level One trail riding.
   • Your goal as a Level One trail rider should be to learn to ride with a group on the outdoor trails
   • It is recommended that all group riding be done at a walk and in a single file manner.
   • Be attentive to your leaders, alert to signals and to unexpected dangers.
   • Don't tailgate!! To avoid being kicked, keep one horse length between you and the horse in front of you.
   • Do not let your horse eat along the trail. Teach him that while you are riding it is not the time to be eating.
   • Always walk your horse on paved surfaces.
   • Horses ridden on or next to a road should travel with the flow of the traffic, and must obey all traffic laws.
   • Always walk your horse when approaching and leaving a group of riders, so as not to startle them.
   • When riding uphill, use a leaning forward position and when riding downhill, lean back slightly and heels downs.
   • Always walk your horse up or down hills.
   • While on the trail, if you have trouble or need to adjust your clothing or equipment, do not do anything until first notifying the leader. Your leader then can stop the ride and assist you in making the necessary adjustment without endangering yourself or others.
1. Describe where the “danger zones” are and explain why you should avoid them. (2)

Where: _______________________________________________

_____________________________________________________

Why: _________________________________________________

_____________________________________________________

2. Which side do you lead a horse from? ________________________ (1)

3. When combing a horse’s tail, where should you stand? _________ (1)

_____________________________________________________

4. From which side should you mount your horse? _______________ (1)

5. Explain each of the following: (8)
   - Foaling _____________________________________________
   - Weanling ___________________________________________
   - Yearling ___________________________________________
   - Colt ______________________________________________
   - Filly ______________________________________________
   - Gelding ___________________________________________
   - Mare _____________________________________________
   - Stallion __________________________________________

6. Explain what you would do if your horse ran away with you when you were riding:
   ________________________________ ______________________ (5)
   ________________________________ ______________________
   ________________________________ ______________________
7. List three things a horse eats. (3)

_____________________________________________________

_____________________________________________________

_____________________________________________________

8. Describe safe footwear you should wear when riding:__________ (2)

_____________________________________________________

9. What is a vaccination? ________________________________ (2)

10. Why is it important to vaccinate your horse or pony? __________ (2)

_____________________________________________________

11. Explain how to protect your horse or pony from flies and insects? _ (2)

_____________________________________________________

12. What does it mean to “float” a horse’s teeth? ____________ (1)

_____________________________________________________

13. Name two face markings ________________________________ (2)

_____________________________________________________

14. Name two leg markings __________________________________ (2)

_____________________________________________________

15. Name two breeds _______________________________________ (2)

_____________________________________________________

16. Name two coat colors. ___________________________________ (2)

_____________________________________________________

17. List 6 parts of your saddle ________________________________ (6)

_____________________________________________________

_____________________________________________________

_____________________________________________________

_____________________________________________________

_____________________________________________________

_____________________________________________________

_____________________________________________________

_____________________________________________________
18. From illustrations of horse, fill in at least 10 parts of the horse (10).

19. From Illustration of bridle, name four parts and draw a line to them. (4)
Correctly demonstrate the following skills to a designated leader/resource person who will check off each skill and the dates completed.

<table>
<thead>
<tr>
<th>SKILLS</th>
<th>DATE:</th>
<th>INSPECTOR</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Identify three basic grooming aids</td>
<td>(3) ______</td>
<td>__________</td>
</tr>
<tr>
<td>2. Demonstrate the use of the above three grooming aids</td>
<td>(3) ______</td>
<td>__________</td>
</tr>
<tr>
<td>3. Identify the color of your horse.</td>
<td>(1) ______</td>
<td>__________</td>
</tr>
<tr>
<td>4. With a halter on, catch a horse or pony in a stall, field or paddock.</td>
<td>(1) ______</td>
<td>__________</td>
</tr>
<tr>
<td>5. Explain what you feed your horse or pony</td>
<td>(1) ______</td>
<td>__________</td>
</tr>
<tr>
<td>6. Lead a horse or pony with a halter on and tie with safety knot.</td>
<td>(1) ______</td>
<td>__________</td>
</tr>
<tr>
<td>7. Demonstrate the correct distance to be maintained between horses when leading.</td>
<td>(1) ______</td>
<td>__________</td>
</tr>
<tr>
<td>8. Point out and name two parts of your bridle</td>
<td>(2) ______</td>
<td>__________</td>
</tr>
<tr>
<td>9. Correctly saddle and bridle your horse or pony (assistance, OK)</td>
<td>(2) ______</td>
<td>__________</td>
</tr>
<tr>
<td>10. Demonstrate proper S.E.I. helmet fit.</td>
<td>(1) ______</td>
<td>__________</td>
</tr>
<tr>
<td>11. Point out and name five parts of your horse or pony</td>
<td>(5) ______</td>
<td>__________</td>
</tr>
<tr>
<td>12. Demonstrate how to safely release your horse and remove halter (assistance, OK)</td>
<td>(2) ______</td>
<td>__________</td>
</tr>
</tbody>
</table>

COMPLETE FURTHER PAGES IN BOOKLET !!! HAVE FUN!!!
Allegan County 4-H Horsemaster Program

FEED CHART AND MAINTENANCE RECORD
(To be completed by Level One and Two)

FEED PROGRAM
(List what you feed your horse)

Grains (Quantity, Quality) __________________________________________________
________________________________________________________________________
________________________________________________________________________

Hay (Quantity, Quality) __________________________________________________
________________________________________________________________________
________________________________________________________________________

Water (Quantity, Quality) _________________________________________________
________________________________________________________________________
________________________________________________________________________

Supplements and/or minerals (Quantity, Quality) _____________________________
________________________________________________________________________
________________________________________________________________________

MAINTENANCE PROGRAM

Explain how you maintain a fit and healthy project animal (daily, weekly exercise or
turn out time, stall cleaning and housing etc.) _________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
Allegan County 4-H Horsemaster Program

PROJECT ANIMAL ACTIVITY PARTICIPATION LOG

Explain activities you and your project animal participate in: Horse Shows, Trail Rides, 4-H Mounted Meetings, Parades and other 4-H Events Etc.

* _______________________________________________________________________

________________________________________________________________________

________________________________________________________________________

* _______________________________________________________________________

________________________________________________________________________

* _______________________________________________________________________

________________________________________________________________________

* _______________________________________________________________________

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* _______________________________________________________________________

________________________________________________________________________

* _______________________________________________________________________

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* _______________________________________________________________________

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* _______________________________________________________________________

________________________________________________________________________
PERSONAL STORY (Level 1,2,3,4 & 5)

Write a project story. Tell of any special accomplishments, experiences, knowledge you have gained, skills learned, new appreciations acquired, and how the project has helped you grow as a person during your project work in this level.

__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________
__________________________________________________________________________

Continue on back if needed.
LEVEL ONE MOUNTED SKILLS EVALUATION
(Choice of Seat Optional)

Scoring System – 75% passing (with a minimum of 5 on each movement)

1-3  Unsafe - difficulty maintaining control
3-5  Attempt to perform movement but below requirements
     (Example: wrong lead uncorrected)
5-8  Movement performed with errors, but corrected
     (Example: leads, diagonals)
8-10 Movement performed correctly to exceptionally well

LEVEL ONE

<table>
<thead>
<tr>
<th>Possible Score</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lead your horse or pony to evaluator, perform a tack check</td>
<td>10</td>
</tr>
<tr>
<td>Mount your horse or pony (may be assisted)</td>
<td>10</td>
</tr>
<tr>
<td>Walk on rail</td>
<td>10</td>
</tr>
<tr>
<td>Circle at a walk</td>
<td>10</td>
</tr>
<tr>
<td>Halt from a walk (pause 10 seconds)</td>
<td>10</td>
</tr>
<tr>
<td>Trot on rail</td>
<td>10</td>
</tr>
<tr>
<td>Two point at a trot</td>
<td>10</td>
</tr>
<tr>
<td>Circle at a trot</td>
<td>10</td>
</tr>
<tr>
<td>Halt from a trot</td>
<td>10</td>
</tr>
<tr>
<td>Back 4 steps</td>
<td>10</td>
</tr>
<tr>
<td>Reverse on the haunches (pivot 180 degree turn)</td>
<td>10</td>
</tr>
</tbody>
</table>

ADDITIONAL SCORING

<table>
<thead>
<tr>
<th>Possible Score</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Subtle use of aids</td>
<td>10</td>
</tr>
<tr>
<td>Submission of horse to rider</td>
<td>10</td>
</tr>
<tr>
<td>Correctness of position</td>
<td>10</td>
</tr>
<tr>
<td>Balance and collection</td>
<td>10</td>
</tr>
<tr>
<td>Overall safety awareness</td>
<td>10</td>
</tr>
</tbody>
</table>

Possible Score  160 Total _______

General Comments of overall ride (may make suggestions for improvement) __________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Evaluator’s Signature ______________ Date ______________
Enclose a picture of you and your project animal with this sheet in a sheet protector. Pictures will be added to certificate upon completion of level and placed in the sheet protector.

NAMES TO APPEAR ON CERTIFICATE
(Please print carefully)

RIDER ____________________________________________

HORSE OR PONY ____________________________________