Kelli’s Korner

I hope this week’s edition of the Friday Fourcast reaches everyone in good health and that many of you enjoyed your numerous snow days this week! Here at the MSU Extension Office we spent the week reorganizing all the program materials and gearing up for 2017 and this is also what we will be doing next week as there is a lot to go through. I wanted to take a moment to thank all of the 4-H Leaders and Dr. Tom Dombroski of Farm and Pet Veterinary Care for helping to weigh-in and health check all of the market steer projects last Saturday. Even in the bitter cold it was a great learning experience for all of the members!

Just a reminder, the MSU Extension Office and Iosco County Building will be closed on Monday, January 16, 2017 in observation of Martin Luther King Jr. Day. We will reopen on Tuesday, January 17, 2017 at 8:30 AM.

With the week we just had, I also wanted to remind everyone that the policy for cancelling 4-H events here in Iosco County is that all 4-H events will be cancelled if a school in our district is closed due to inclement weather. The safety of our members, volunteers, and families is our number one priority. If there is a club meeting scheduled or another activity planned we will post a cancellation notice on Facebook, send out an email, and have it announced on WKJC. If it is short notice, we will do our best to also call each member, but you can also always call the office to verify a cancellation.

Don’t forget that the 4-H State Awards application deadline is quickly approaching. If any youth are planning to complete a State Award and have not let me know yet, please call or email me ASAP so I can be sure to set up time to help you finalize your application before the February 1st deadline!

We are at great risk of having to cancel the new 4-H Winter Camp that we have set up due to low registrations. If we do not have at least 25 campers registered by January 29th we will have to cancel the event and I know there are many youth looking forward to it. An online registration form can be found on the Iosco 4-H Facebook Page and also a paper registration located in this newsletter. Please help share about this new camp!
Happy Friday Everyone,

Just a reminder, the 4-H Leaders’ Council meeting is coming up on January 24th. The Leaders’ Council is all about each and every club that is part of Iosco County 4-H and we will be discussing some very important topics. Please have a representative from your club attend this very informative gathering. It starts at 6:30 p.m. and is being held at the MSU Extension Office. It is also a great way to show any of the youth what the Leaders’ Council is all about. We need new ideas and thoughts. Everyone is invited. I look forward to seeing you at the meeting. Also, if those clubs that I have not been able to visit with would e-mail me your meeting place and times, I would love to stop in and say hi to the youth and show the Leaders’ Council support. Thank you and keep up the great job of promoting 4-H.

Paul Grabstanowicz, President Iosco County 4-H Leaders’ Council

Fun 4-H Facts

Did you know that 4-H got its start in the state of Ohio? A.B. Graham had the first club meeting of the Agriculture Experiment Club on January 15, 1902 in Springfield, Ohio. O.J. Kern of Illinois held the first meeting of the Farmer Boys’ Experiment Club on February 22, 1902, 38 days after A.B. Graham’s meeting.

4-H Mark of Excellence Essay

If you are 11 or 12 years old, you could be the recipient of the 4-H Mark of Excellence Award. To enter, you write an essay on the theme, “Because of 4-H I can…” Essays should be submitted to the Iosco County MSU Extension office by February 1st. We will then select our county representatives and submit names and essays to the State 4-H Awards Committee.

What is Mark of Excellence?
- An award program for Michigan 4-H members ages 11 and 12.

How can I participate?
- Write an essay of 500 words on the topic “Because of 4-H, I can…”
- Submit your essay to the Iosco County MSU Extension Office by February 1st

What happens next?
- Iosco County will select 2 delegates to be recognized
- All participants receive a certificate and medal
- Essays are used to inform the public about 4-H and the impact it has made on your life and copies are also kept on display at the Kettunen Center in Tustin.
4-H Winter Camp Registration Now Open!

4-H Winter Adventure Camp is a hands-on educational program hosted by Arenac and Iosco 4-H for youth ages 8 to 12 years old. Youth will spend 2 days learning about many different 4-H project areas and participate in hands-on sessions that range from crafts to outdoor cooking. Campers will also have an opportunity to spend time outdoors enjoying all that Michigan winters have to offer! Youth will also have the opportunity to go sledding/tubing, cross-country skiing, and ice skating! Camp also coincides with Michigan’s free ice fishing weekend and campers will have the opportunity to try their hand at ice fishing.

Where: Camp Nissokone, Oscoda, MI
When: February 18-19, 2017
Cost: $125.00 for registered 4-H members
     $135.00 for non-4-H members
Who: Youth 8-12 yrs. by Jan. 1, 2017
Registration Deadline is January 29th.
No Refunds will be available.

Please call the MSU Extension Office at (989) 362-3449 with any questions!

MSU Extension programs and materials are open to all without regard to race, color, national origin, gender, gender identity, religion, age, height, weight, disability, political beliefs, sexual orientation, marital status, family status or veteran status.
4-H Winter Adventure Camp Registration
February 18-19, 2017

Registration Costs:
4-H Members- $125.00     Non-4-H members- $135.00
Registration deadline: January 29, 2017

Last Name: ___________________________ First Name: ___________________________ M.I. ______

Address: ___________________________ City: ___________________________ Zip: _______

Phone Number: ___________________________ Email Address: ___________________________

Age (as of 1/1/16): ___________     Birthdate: ___________________________ Gender: _______

4-H Member? YES NO     County of Residence: ___________________________

Parent(s)/Guardian(s): ___________________________

T-Shirt Size
☐ Youth Medium
☐ Youth Large
☐ Adult Small
☐ Adult Medium
☐ Adult Large
☐ Adult Extra Large

Residence
☐ Farm
☐ Small Town (under 10,000)
☐ Large Town (10,000-50,000)
☐ Suburbs of City
☐ City (over 50,000)

Race – please check all that apply
☐ Asian
☐ White
☐ Black
☐ American Indian
☐ Hawaiian / Pacific Islander

Campers may select 1 friend to bunk with. They must be of the same gender and age. Campers must be no more than a year apart in age. Requests are not guaranteed.

Cabin Mate Request: ___________________________

Camper’s Signature ___________________________

Parent/Guardian Signature ___________________________

To Register send payment and the registration form to:
Iosco County MSU Extension Office
PO Box 599
Tawas City, MI 48764

Make Checks payable to MSU. No refunds available.

Additional registration information including packing lists, maps to camp and a complete schedule will be mailed to all campers once camp registration forms are received.
Regional Archery Instructor Training

The archery regional shooting sports workshop application deadline has been extended to accommodate additional participants. The deadline to apply is January 20th. If any volunteers are interested in becoming certified as a 4-H Archery Instructor you do not want to miss out on this opportunity. Please check out the flyer for more information! If you are new to 4-H and would like to become a volunteer, please call the Iosco County MSU Extension Office at 989-362-3449.

When and where:

January 28-29, 2017
8:00 – 5:30 each day
4 Square Sportsman’s Club Jeddo (St Clair County)

Who:

- This workshop is for adult leaders and teens 16 and older that are active in their shooting sports club or want to become involved. Participants should express and interest in working with youth and have a willingness to improve their own knowledge and skills in shooting sports.
- The 4-H Shooting Sports Instructor Workshop provides the necessary skills, resources and background to successfully teach shooting sports and conduct range activities. This workshop is archery specific.
- Certification is a requirement to facilitate live fire on a range. All adult leaders need to be approved by their local MSUE office and have completed the 4-H Volunteer Selection Process.

Cost:

- $85.00
- Registration includes resources, snacks and lunch both days.

Registration information:

- The deadline to register for this event is Monday, January 9 2017
- To register, contact the St Clair County MSUE office for a registration form

Find out more...

For more information, contact Lori Warhuck at lwarchuck@stclaircounty.org or Nick Baumgart at baumga75@anr.msu.edu. Accommodations for persons with disabilities may be requested with your registration.

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**Iosco 4-H MOB Lamb Club Field Trip**

The Iosco County 4-H MOB Lamb Club is planning a field trip for Sunday, January 29, 2017! The Club has been invited by Dr. Kent Williams, DVM, for a tour of their lambing facilities and farm. It is currently lambing season so this is a great opportunity to see their newborns and for the members to learn about the proper care and procedures associated with lambing. The approximate timeline would be to leave around 1 PM, tour around 3:30 PM, possibly stop for dinner after the tour, and return around 8 PM. Dr. Williams would like to know what questions you have and if there is anything in particular you would like to learn on the trip as well. Please respond to 4-H Leader, Tammy Gawne by January 16, 2017 by email at imgawne4ever@yahoo.com or responding to the post on the club’s Facebook Page: Iosco 4-H MOB Lamb Club.

**Attention: All Youth Raising Market Animals for Fair!**

Do you have market animals on your farm that you raise for the county fair or to show at exhibition? Is there medication mixed into the feed you give your animals?

The Food and Drug Administration (FDA) who oversees the use of animal medications has changed how you can buy various different medicated feed products. Some antibiotic medications, which are important to human medicine, are used for animal feed. After January 1, 2017, these medications will require a Veterinary Feed Directive (VFD) order to be used in a medicated feed, which you will have to get through a licensed veterinarian. If you would like to know more about the changes to these rules, please visit the resource page created by the Michigan Department of Agriculture and Rural Development at [www.michigan.gov/vfd](http://www.michigan.gov/vfd) or check out the PowerPoint presentation on the Iosco 4-H Market Livestock Facebook Page.

**4-H Outdoor Adventure Challenge**

There is an opportunity to start a new 4-H club here in Iosco County! The 4-H Outdoor Adventure Challenge program offered by Michigan State University Extension gives adults and youth the opportunity to experience the outdoors through adventures such as hiking, backpacking, canoeing, kayaking, climbing cliffs, and exploring caves. The 4-H Outdoor Adventure Challenge program is designed to help youth discover their mental, physical, and emotional capabilities, build self-confidence, positive self-image and coping skills, and develop and enhance appreciation for the out of doors and natural resources. Currently, Iosco County is looking for at least 2 adult volunteers that are interested in helping start this program and become Outdoor Adventure Challenge Leaders! For more information on the program please visit the program website: [http://msue.anr.msu.edu/program/info/outdoor_adventure_challenge](http://msue.anr.msu.edu/program/info/outdoor_adventure_challenge) or check out the promotional brochure on the following page!
What is 4-H Outdoor Adventure Challenge?

The 4-H Outdoor Adventure Challenge (OAC) program uses the outdoors to help young people develop life skills they need to become self-directing, contributing and productive members of society. Through a variety of outdoor activities the teens learn to deal with physically and mentally stressful situations that may occur in any life setting.

4-H Outdoor Adventure Challenge helps young people develop a greater understanding, sensitivity, and appreciation for themselves and the natural environment. Teens (and adults) also strengthen skills in communication, cooperation, organization and planning.

“The secret of getting ahead is getting started.” — Mark Twain

How do I find out more?

For more information about 4-H Youth Development, the 4-H Outdoor Adventure Challenge program and the 4-H Outdoor Adventure Challenge Leader Training Series, contact your county MSU Extension office or visit http://4h.msu.edu/4h/Outdoor_adventure_challenge.

Do, contact the 4-H Outdoor Adventure Challenge State Coordinator Nick Baumgart directly at 906-774-0365 or baumga75@anr.msu.edu.

What are the training requirements and how soon can I get started?

You must be at least 16 to enroll in the training series, and at least 21 to become a certified 4-H Outdoor Adventure Challenge Leader. After successfully completing each training component, you can begin working with youth at the level for which you’ve been trained if you also meet the CPR & Standard First Aid certification requirements.

Please note: 4-H Outdoor Adventure Challenge is a high-stress and physically demanding activity. If there is any question about your health, be sure to consult with your doctor before applying.

Level 1


Trainees receive an overview of all that 4-H OAC offers; learn day hike preparation, various outdoor skills and how to complete an activity plan.

Successful Level 1 trainees can take youth on day hikes only (no water activities). Also required are CPR & Standard First Aid certifications.

Level 2

Separate training is offered for each content area. Level 2 is NOT a pre-requisite to Level 3.

- Rock Climbing – May 26-29, 2017: This training includes an overnight solo experience to ensure competence before taking youth overnight in this content area.
- Swift-Water Canoeing – Offered as demanded by interest. Call for details.
- Canoeing – Suspended. Call for updated information or visit http://4h.msu.edu/4h/Outdoor_adventure_challenge

Completion of level 3 training is a two-step process:

1. Training will be held in conjunction with an instructor’s club outing so trainee can observe how to work with youth in this content area.
2. Training will be held in conjunction with an instructor’s club outing. Trainee practice leading youth in this content area.

Additional Requirements for Levels 2 & 3

Before conducting Level 2 and 3 outings with their 4-H club, trainees must also meet the requirements of an approved trip plan – either one plan for a trip of 3 or more days or two weekend trip plans.

For overnight 4-H OAC trips (levels 2 & 3), there must also be at least one 4-H Outdoor Adventure Challenge Leader (the trainee or a different leader) who has wilderness aid certification. CPR certification is also required.

Level 3

Separate training is offered for each content area. Level 2 is NOT a pre-requisite to Level 3.

- Rock Climbing – May 26-29, 2017: This training includes an overnight solo experience to ensure competence before taking youth overnight in this content area.
- Swift-Water Canoeing – Offered as demanded by interest. Call for details.
- Canoeing – Suspended. Call for updated information or visit http://4h.msu.edu/4h/Outdoor_adventure_challenge

Completion of level 3 training is a two-step process:

1. Training will be held in conjunction with an instructor’s club outing so trainee can observe how to work with youth in this content area.
2. Training will be held in conjunction with an instructor’s club outing. Trainee practice leading youth in this content area.

What will the training cost?

Fees: There is a $50 fee for each training at all levels (levels 1, 2 & 3) up to a maximum of $300 for each trainee. (Your county 4-H program may cover a portion of this cost.)

Fees are due two weeks before each training. Fees cover instructional materials, meeting facilities, equipment costs and mileage for instructors. Each participant is responsible for the cost of his or her own food, personal equipment, and transportation to and from the training sites. Bring your own Personal Floatation Device (PFD) to canoeing and kayaking if you can.

How do I enroll?

To enroll for 4-H Outdoor Adventure Challenge (OAC) leader training, you must:

1. Complete the MSU Extension Volunteer Selection Process through your county MSU Extension office.
2. Complete the 4-H Outdoor Adventure Challenge Leader Training Enrollment Form available online at http://4h.msu.edu/4h/Outdoor_adventure_challenge or from Nick Baumgart, 4-H OAC Coordinator at 906-774-0365 or baumga75@anr.msu.edu.
3. Mail the enrollment form and fee (check payable to Michigan State University) as indicated on the form to the training sites. The deadline for enrollment and Level 1 (orientation) sign up is May 1, 2017.
4-H Capitol Experience

When and where: 3 p.m. Sunday, March 19, 2017 to 12:30 p.m. Wednesday, March 22, 2017 at the Okemos Conference Center. Tours and agency visits will take place at the State Capitol and surrounding area.

Who should attend: High school students at least 14 years old. All participants must have pictured identification.

Cost: $350 4-H and Michigan Farm Bureau members, $360 non 4-H members. Includes all meals, lodging and material fees. All registrations must be paid in full by Feb. 10, 2017. Any registration no paid in full by this time will be canceled and the space will be offered to registrants on the wait-list.

Scholarships: Up to 12 statewide scholarships covering up to the cost of half of the full program fee ($175) will be awarded to youth participants. Please fill out the scholarship application on the Capitol Experience Registration Link. To complete your application for a scholarship, you’ll also have to provide the link above to a reference and ask them to complete the reference process. Both of these steps must be completed by January 8, 2017.

Registration process: Participation is available on a first-come, first-served basis. Space is limited to 150 total participants. Each participant will need to register online. Note that communications for this event are made via e-mail, so please provide and email during registration that is checked on a regular basis. All registration payments must be made in full by Feb. 10, 2017.

Cancellation policy: Voluntary cancellations received between Feb. 3, 2017 and Feb. 24, 2017 will incur a $30 cancellation fee. Cancellations received after Feb. 24, 2017 are non-refundable.
The Challenge U 4-H FunFest scheduled for March 11-12, 2017, at the Kettunen Center is now open for registration. A complete flyer with session descriptions and a link to register can be found by visiting: https://events.anr.msu.edu/challengeu17/.

**Michigan State University Extension**

**Challenge U 4-H FunFest**

**When and where:**
March 11, 2017 - March 12, 2017
Kettunen Center, 14901 4-H Drive, Tustin, MI 49688

**Who:**
Any youth age 9-13 (as of January 1st) and chaperones.

**What:**
Are you ready to accept the challenge? Youth and adults who attend Challenge U 4-H FunFest will spend 2 days learning about food science and healthy living while meeting youth from around the state. Challenge U 4-H FunFest will challenge participants and chaperones in hands-on sessions that range from physical fitness, snack making, dancing, and more.

**Cost:**
- 4-H Members and Volunteers—$70.00
- Non 4-H Members and Volunteers—$119.00
- Registration fee includes meals, lodging and resources. Persons canceling without a replacement by Friday, February 24, 2017, will be charged a $40.00 cancellation fee. Persons who do not cancel within 48 hours prior to the start of workshop will be billed the full amount.
- Not a 4-H member? Contact your county MSU Extension office today!

**Registration information:**
- The deadline to register for this event is Friday, February 24, 2017
- To register, visit https://events.anr.msu.edu/challengeu17/

**Find out more...**
Visit the registration site for additional details. For more information, contact your county MSU Extension office or call Michelle Neff at 989-539-7805 or hydemich@msu.edu. Accommodations for persons with disabilities may be requested on your registration form.
Upcoming Michigan 4-H Horse Events

4-H/MQHA Clinic Weekend, February 3-4
MSU Pavilion, East Lansing, MI
Friday: Horse Judging Workshop 6:30-9pm
Saturday: Practice horse judging contest in morning followed by clinics in the classrooms and arena all day. MQHA tack sale 10am-4pm. 4-H'ers may register to ride in clinics, space is limited.
Full event details & registration forms: http://www.ans.msu.edu/extension/horse_youth_programs
Purchase DISCOUNTED auditor tickets ahead of time at: https://commerce.cashnet.com/msu_3645
Register for judging workshop at: https://commerce.cashnet.com/msu_3645

Teen & Adult 4-H Horse Leaders’ Conference, February 25
MSU’s campus, East Lansing, MI
Registration for this event is limited!
4-H members age 12-19 AND adult volunteers are welcomed. Topics include horse judging, equine first aid, dissection, veterinary care, equine nutrition, and information to assist leaders in youth development, leadership skills for youth, and much more. Interactive classroom sessions in Anthony Hall will be followed by hands-on activities at the MSU Horse Teaching & Research Center.
Full event details & registration forms: http://www.ans.msu.edu/extension/horse_youth_programs
REGISTER HERE: http://events.anr.msu.edu/4HHorseteering/

4-H & FFA State Horse Judging Contest, Sunday March 26th
MSU Pavilion, East Lansing, MI
Full class list, rules, registration and event details available at:
http://www.ans.msu.edu/extension/horse_youth_programs

Norma Agnew Memorial 4-H Hairy Horse Show/Clinic, April 8
MSU Pavilion, East Lansing, MI
Space will be limited for this event, only 100 stalls available. Judges will wear microphones and share critiques with exhibitors to help improve their performance. Audience members (free) can hear feedback as well!
Event details and showbill available after January 1:
http://www.ans.msu.edu/extension/horse_youth_programs
Purchase stalls: https://commerce.cashnet.com/msu_3645

Upcoming 4-H Workshops

February 4-5: 4-H Winterfest
http://msue.anr.msu.edu/events/4_h_winterfest_2
Kettunen Center, Tustin

February 17-18: 4-H Veterinary Science Teen & Adult Leaders Workshop
https://events.anr.msu.edu/event.cfm?eventID=E6B7FF2B7A78D0A4
Kettunen Center, Tustin

February 18-19: 4-H Beef, Sheep & Swine Teen & Adult Leaders Workshop
https://events.anr.msu.edu/event.cfm?eventID=E6B7FF2B7A78D0A4
Kettunen Center, Tustin
February 22: Michigan 4-H Embryology Staff, Teacher and Volunteer Training
https://events.anr.msu.edu/event.cfm?eventID=B4D2D654CB6AAA94
MSU Federal Credit Union, East Lansing

February 25: Teen & Adult 4-H Horse Leaders’ Conference
http://www.ans.msu.edu/extension/horse_youth_programs
Anthony Hall, MSU, East Lansing

March 4: Spring Galaxy 4-H Horse Program Committee
Contact Taylor Fabus (tenlenta@msu.edu)
Anthony Hall, MSU, East Lansing

March 17-19: Michigan 4-H Dairy Conference
Contact Melissa Elischer (elischa@msu.edu)
Kettunen Center, Tustin

Other Upcoming 4-H Events

February 3-4: 4-H/MQHA Clinic Weekend
http://www.ans.msu.edu/extension/horse_youth_programs
MSU Pavilion, Lansing

February 17-20: National Youth Summit on Healthy Living
http://4hcenter.org/tours-programs/national-youth-summit-series/#/healthy-living
National 4-H Conference Center, Chevy Chase, Maryland

February 18: Michigan 4-H Night With the Griffins
Contact Tarin Minkel (minkeltj@anr.msu.edu)
Van Andel Arena, Grand Rapids

March 19-22: 4-H Capitol Experience
http://msue.anr.msu.edu/events/4_h_capitol_experience_3
Okemos Conference Center, Okemos

March 26: Michigan 4-H & FFA Horse Judging Contest
http://msue.anr.msu.edu/events/michigan_4_h_ffa_horse_judging_contest
MSU Pavilion, Lansing

For the most up-to-date events listing, go to http://4h.msue.msu.edu/events