**March 21-22, 2014**



**Holiday Inn**

**1951 U.S. 41**

**Marquette, MI**



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**Conference Overview**

UP Leadermete is an educational conference for youth and adult leaders and volunteers from the U.P. to develop knowledge and skills that will help youth to thrive in a complex and changing world and to become engaged leaders in their club, their community, their country, and the world.

The cost of the conference is $60. Contact your local council regarding scholarships to this event. The conference is designed to provide:

 An educational experience for adults and youth, ages 12 and older.

 Programs to meet the needs of 4-H volunteers and youth, yet anyone can participate to learn more about what 4-H offers.

  A fun, social, and entertaining event

This one day conference offers over 20 different workshop sessions in a variety of areas. Many workshops are also offered multiple times to make your choice of selections a little more convenient and ensure you can get everything you want out of the conference.

**Overnight Accommodations–** a block of rooms has been reserved for this 4-H conference under 4-H Leadermete for Friday night. Overnight accommodations are not included in the price of conference registration Participants will need to reserve and pay for their room using a personal credit card-(906) 225-0255. Contact your local council or county staff regarding possible reimbursement or other county payment options.

**Room Rates-**

$21.50 - 4 to a room $43.00 - 2 to a room

$28.60 - 3 to a room $86.00- single room

**Cancellation Policy** No refunds after registration deadline; however, a substitute participant who is willing to take pre-chosen sessions as originally registered participant may be substituted.

**4-H Housing Policy for Youth-** Where possible, youth attending overnight regional-, multi-county-, county- and club-level events should not be assigned to share a bed. Exceptions at these events would be when youth of the same gender have a prior relationship and choose to share beds. The comfort and safety of the youth involved should be the primary consideration. An unrelated youth and adult must never share a bed. All youth spending the night must be accompanied by a chaperone. The Michigan 4-H Youth-Adult Overnight Housing Policy states youth can be housed with unrelated adult chaperones as long as the youth-adult ratio is at least two youth to one adult and as long as the adults have been through the MSU Extension Volunteer Selection Process. **Youth must also have a signed overnight housing parent permission form**. Adults should be housed with youth whenever possible – in accordance with the policy. When this is not possible, adults must be housed within hearing distance of any lodging rooms housing only youth. For additional information regarding overnight housing policy requirements, contact your local office or visit the website <http://4h.msue.msu.edu/4h/resources/4h_housing_policy>

**Michigan 4-H Code of Conduct for 4-H Activities-** Positive behavior is a key expectation for youth and adults participating in 4-H activities – behavior that reflects trustworthiness, respect, responsibility, fairness, caring and citizenship. Participants are expected to follow all workshop and event guidelines. Theft, vandalism, the use of illegal drugs and alcohol, inappropriate or threatening behavior that violates the rights of others, and other such offenses are strictly prohibited, and anyone involved with these offenses will immediately be sent home at his or her own expense. If it is determined by 4-H staff or persons in charge of the activity that the offense warrants it, the offender will be turned over to the proper authorities.



**Key Note Speaker**

**Judy Watson Olson**

**Helping Youth Find Their Sparks!**

Judy Watson Olson started her career in youth development with

MSU Extension over 35 years ago as the 4-H Youth Agent. She

also served as the County Extension Director for Mackinac

County and 4-H Youth Agent for Mackinac and Chippewa Counties.

In 1981, she joined the U.P. Regional Extension team as a regional

agent for community development and tourism. In 1987, she joined

the W.K. Kellogg Foundation as regional director of the Kellogg Youth

Initiative Partnerships. In 2000, she helped transition the U.P. program

into the community by forming a free-standing nonprofit organization. In 2004, the Great Lakes Center for Youth Development expanded to serve the whole region. Its mission is to provide youth-serving and nonprofit organizations with expertise, training and learning opportunities so that all youth can thrive in healthy communities across Michigan’s Upper Peninsula.She retired from Great Lakes Center for Youth Development in 2013.

**Cheer the Volunteer Celebrating the Impact of 4-H Volunteers**

This year Leadermete will be a celebration of the impact volunteers make on the lives of youth in the 4-H community.

Please consider taking the time to share a 4-H success story that highlights how a 4-H leader or a 4-H volunteer has helped you succeed./ Include what 4-H means to you and how the volunteer has impacted your life. The most impactful stories will be highlighted during Leadermete. Remember success can mean many different things  -- not just winning but the memories created, lessons learned, and friendships formed all are much more important & to be honest generally more interesting!

The story is yours – so pick a fun title! Some ideas are: “Cheering my 4-H Leader,”  “My 4-H Success Story,” “What 4-H Means to Me” or “Because of my 4-H Leader, I…”

Submit your stories by email to your county Coordinator by conference registration deadline of February 24th.

**Silent Auction-** Please bring items and cash for the silent auction and dollar auction. We welcome your donation of purchased goods, homemade gifts, crafts, and unique treasures. Proceeds support next year’s Leadermete event.

**Schedule**  (all times are EST)

**Friday, March 21, 2014**

5:00 p.m. Registration & Check-in begins

5:00-6:00 p.m. Drop off silent auction items

6:00 p.m. Silent Auction Begins

6:30- 8 p.m. Banquet/Special Program/Key Note Speaker

8:15 p.m. Chaperone Orientation

8-9:30 p.m. Make & Takes

9:30-11 p.m. Swim Time

11:30 Youth must be in rooms

12:00 Lights out/quiet

**Saturday, March 22nd 2012**

7:00-8:15 a.m. Breakfast & Early Checkout

8:00-9:30 a.m. Workshop Sessions A

9:30-10:00 a.m. Break/Check out

10:00 Silent Auction Ends

10:00-11:30 p.m. Workshop Sessions B

11:30-12:30 Lunch

12:30-2 p.m. Workshop Session C

2- 2:30 Conference closing session/door prizes

2:30 Safe Travels

**Workshops**

**Session A: 8:00- 9:30 A.M**

**A1-4-H SPIN Clubs:** Kids today are busy! They want to be involved in a little of everything! Learn how 4-H has adapted to meet the needs of busy youth and adults. 4-H SPIN Clubs (Special Interest) are a great delivery model that is based on the interests of youth. This club model is led by volunteers who have a passion and want to share their knowledge with young people. Come and learn about 4-H SPIN Clubs! ($5 fee)

**A2- Puppies** : Come to our puppy seminar to learn a few simple training tips and tricks that will help avoid bad puppy behaviors!

**A3- Color it fun:** Explore the world of color by creating unique works of art using media such as sharpie markers to tie dye, paint, etc. Learn ideas you can take back and use with your Cloverbuds and more! Bring a white 100% cotton T-shirt or pillow case.

**A4- Adventure and Alternative Games:** Icebreakers and activities to build trust, confidence, and teamwork. This session provides a new perspective on game playing and group development that will have you asking for more! Activities range from low to high activity and short to long in duration. Dress appropriately.

**A5- Dancing Deisenroths**: Come for an introductory lesson of dancing- the group can decide what dance(s) to learn (Waltz, Salsa, Swing, Rumba, Fix Trot, Line Dancing). Dress shoes are recommended but not required.

**A6- Drawing with Pastels:** Come learn how to use pastels to create illustrations. $5 fee

**A7- 4-H Fun with Fungi :** Make your own Oyster Mushroom kit for home use! Oyster mushrooms are easy to grow, nutritious, delicious, and are commonly used to help clean up environmental pollution such as oil spills and soil remediation. Workshop will include an introduction to cultivated mushrooms and the role fungi play in the nutrient cycle of our natural world. Participants will also have an opportunity to try their hand at inoculating logs for shiitake mushroom cultivation.

**A8- The New State Awards Program**: The Michigan 4H State Awards Program has been revamped. Learn about the new application process and gain some insight on how to develop a successful application.

**A9- Youth Take The Lead:** This session will explore fun, hands-on tools and techniques that youth (and adults!) can use to lead meetings that engage everyone in providing input.

**A10- Recycled T-Shirt Scarves:** Create fabulous custom scarves using recycled T-shirts. Bring 1 or more T-shirts and bring good fabric scissors if you have them.

**Session B: 10:00- 11:30 A.M**

**B1-4-H SPIN Clubs:** Repeat of Session A1 ($5 fee)

**B2- Therapy Dog info:** Are you interested in helping people with your dog? Come to our seminar to learn about the benefits of pet therapy and service dogs, as well as how to get involved!

**B3- Color it fun:** Repeat of Session A3

**B4- Adventure and Alternative Games:** Repeat of Session A4

**B5- Drawing with Pastels:** Repeat of Session A6 ($5 fee)

**B6- 4-H Fun with Fungi :** Repeat of Session A7

**B7 Youth Leaders in a Global World:**

**Note: This is a double session filling both workshop B & C.**

Learn about five competencies (Character, Citizenship, Communication, Creativity and Culture) youth leaders need. Activities from the new 4-H Backpack to Adventure: Youth Leaders in a Global World curriculum will be introduced including World Turtle, Duct Tape Sculptures, and more. A copy of the $65 curriculum will be given to each workshop participant. The curriculum is designed for youth ages 9-19 and is appropriate for use with 4-H clubs, camps, after-school programs and also school classrooms. $10 fee.

 **B8- Camera + Citizenship = Photovoice:** In a Photovoice project, young people record their life experiences and perspectives through photographs and stories. Then they share those photos and stories to raise awareness and influence others about important issues from the youth perspectives. You’ll get an overview of how a Photovoice project works, get some tips on taking good pictures, and can practice doing a Photovoice project with a group by attending this session. You’ll need to supply your own digital camera to use during the session.

**B9- HEALTH-the fourth H!!:** Learn how to incorporate healthy living programing into club meetings and events. Get new and fresh ideas to get you kids up and moving and eating nutritiously. Explore a new healthy living curriculum for teens as well as some hands on activities that you can take back to your club.

**B10- Back to the Basics: Life Skills and Experiential Learning:** Through hands on activities explore the connection between 4-H projects and the life skills that are learned. This session teaches volunteers about the foundation of 4-H through the hands on learning while bring project focused. Come learn how to get your clubs learning in a fun way, while helping youth develop life skills as they grow.

**B11- Recycled T-Shirt Scarves:** Repeat of Session A10

**Session C: 12:30- 2 P.M.**

**C1-4-H Club101:** Spark-up your 4-H Club meetings.  Discover resources, activities, and even what makes an effective 4-H club! Come ready to share and learn.

**C2- Agility and Rally:** Rally obedience and agility are both fun competitive and active things to do with your dog! Come learn about rally obedience and agility training with our awesome dog helpers Ike and Memphis!

**C3: PQA On-line Certification for Youth:** PQA Plus program is an educational tool to help young pork producers, 4H and FFA members learn good production practices when raising pigs. The PQA Plus program highlights areas of animal care and well-being and focuses on teaching youth how to raise a safe, healthy and wholesome product for the consumer. You will receive a 1 year PQA certification. Please bring a laptop computer with wireless internet access.

**C4-Environmental Education 101:** What is EE and why is it important? Come explore some hands-on activities and how to use them with the proper age youth. (For adults and teen leaders)

**C5- Dancing Deisenroths:** Repeat of Session A5

**C6- Who Needs Balance?:** Based on Dan Thumon’s book *Off Balance On Purpose*, this workshop provides participants an opportunity to look at life’s obstacles a little differently. Do you feel as though you lack balance in your life? That’s normal! There really is no such thing as gaining complete balance. However, if we focus our energies a little differently, perhaps the To-Do List can seem a little less overwhelming.

**C7- HEALTH-the fourth H!!**: Repeat of Session B9

**C8- Back to the Basics: Life Skills and Experiential Learning:** Repeat of Session B10

**C9- Alpaca Education/ Alpaca Wool Felting:** Gale Kocher will share her knowledge of alpacas and the process of felting their wool. She will bring photos and information regarding raising alpacas. A felting project will be completed. ($5 fee)

U.P. Leadermete is made possible through funding from the

The Westrate Family Endowment of the Michigan 4-H Foundation

C/O Mrs. Claudia Scioly

535 Chestnut Road, Room 240
East Lansing, MI 48824

Please consider sending the Foundation a note of thanks for their support.

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Accommodations for persons with disabilities may be requested by contacting Marquette MSU Extension Office (906) 475-4940 at least two weeks prior to the scheduled event. Requests made after that time will be honored if possible.

**2014 4-H U. P. Leadermete Registration Form**

**This form and payment due to your county office by: February 24, 2014**

 **Conference FEE: $60.00**

**NAME**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**ADRESS**:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **PHONE**:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **COUNTY**: \_\_\_\_\_\_\_\_\_\_\_\_

 **EMAIL**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

BIRTHDATE: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\*Youth must be 12 by January 1, 2014

\*Youth must also have a signed **4-H Overnight Housing Permission Form**

**Chaperone Name** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Chaperone email** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**GENDER**: ❑ Male ❑ Female

**ETHNICITY**: (optional)

 ❑ Black or African American   ❑ Asian

 ❑ Caucasian/White ❑ Hispanic or Latino American

 ❑ Indian/Alaska Native ❑ Native Hawaiian or Pacific Islander

 ❑ Multiracial

**Special needs:**  (Please circle any that apply)

Disability-wheelchair use Disability-learning or functional

Disability-physical Gluten Free Meal Vegetarian

Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**T-SHIRTSIZE**

❑**S** ❑**M** ❑**L** ❑**XL** ❑**XXL** ❑**3X**

**Workshop Selections:** select three for each session in order of preference. Register early-workshops are assigned on a first come first serve basis. Most class sizes are limited to 15. If there is additional fee for workshops, please give this fee to instructor.

|  |  |  |  |
| --- | --- | --- | --- |
|   | First Choice | Second Choice | Third Choice |
| Session A |   |   |   |
| Session B |   |   |   |
| Session C |   |   |   |

**4-H Overnight Housing Parent/Guardian Permission Form**

**Parent/Guardian: Please complete the following information and return the top portion of this sheet to name/address of 4-H staff member by date. Keep the information** at the bottom of this form for your records.

I understand that my child \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ will be attending

 (name of child)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (name of event) (date of event)

at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and that he or she may be sharing lodging

 (location of event)

with an unrelated adult chaperone (21 or older) who has been through the Michigan State University Extension Child Well-Being Volunteer Selection Process\* and with at least one other youth. By signing this form I give my permission for my child to attend this event under these lodging conditions. I also understand the Michigan 4-H Code of Conduct\*\* expectations for adults and youth attending this event.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Signature of Parent/Guardian Date

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**Parent/Guardian: Keep this information for your records:**

Name of event: U.P. Leadermete

Date of event: March 21-22, 2014

Location of event: Holiday Inn, Marquette, MI

In case of an emergency requiring you to contact your child during the event, contact:

 Nancy Victorson (on site at hotel) (906) 225-0255

\*For more information on the **Michigan State University Extension Volunteer Selection Process**, contact your local 4-H staff member or go to <http://web1.msue.msu.edu/msue/cyf/youth/cwbvsp.html>

\*\***Michigan 4-H Code of Conduct for 4-H Activities:** Positive behavior is a key expectation for youth and adults participating in 4-H activities – behavior that reflects trustworthiness, respect, responsibility, fairness, caring and citizenship. Participants are expected to follow all workshop and event guidelines. Theft, vandalism, the use of illegal drugs and alcohol, inappropriate or threatening behavior that violates the rights of others, and other such offenses are strictly prohibited, and anyone involved with these offenses will immediately be sent home at his or her own expense. If it is determined by 4-H staff or persons in charge of the activity that the offense warrants it, the offender will be turned over to the proper authorities.

