Parent, Caregiver, & Educator Workshops

Join MSU Extension’s Early Childhood Educator, Gail Innis, for FREE 2-hour workshops/training opportunities. Classes include research-based, hands-on education on important topics for early childhood development and school success. Join us for one or for all four! Registration is required!

Tuesday, August 25, 2015 - The ABCs of Early Literacy
Learn about why early literacy development is so important and how to help children become successful readers by the third grade.

Tuesday, Sept. 22, 2015 – Positive Discipline
Explore simple, research-based, ways to work to achieve positive discipline and improved self-esteem to prevent problem behaviors though a positive environment, clear expectations, and clear rules & logical consequences.

Tuesday, Oct. 20, 2015 – Alternatives to Anger for Parents & Caregivers
Learn to recognize anger/stress in children and ways to introduce coping skills (employing children's literature) to teach anger management concepts.

Tuesday, Nov. 24, 2015 – Mindfulness for Children; Helping Kids Manage Stress
Learning techniques of mindful attention can help you as you help children explore their thoughts and feelings to reduce stress and anxiety & enhance overall well-being.

Class Held at: MSU Extension, 362 Green Street, Caro MI
5:30 pm – 7:30 pm

Call To Register: Tuscola MSU Extension (989) 672-3870
~ Or~
Email: Gail Innis, innis@anr.msu.edu